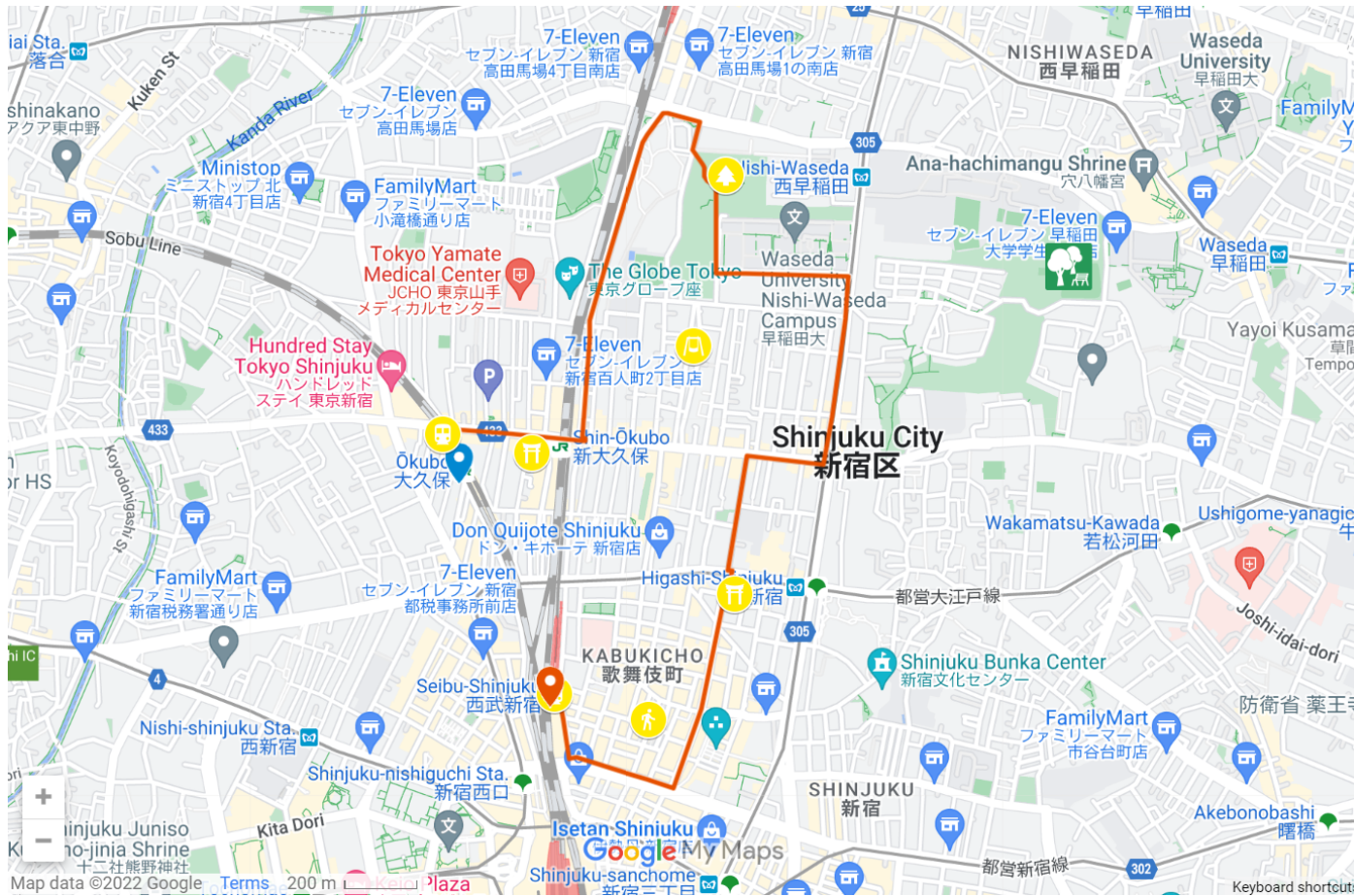


Shinjuku City

From a place associated with the Teppo-gumi Hyakunintai (100-member gun squad) to the all-new Kabukicho

Highlight | Inarikiou Jinja Shrine



Route Description

- 📍 Okubo Sta. (North Exit)
- ▼
- 📍 Kaichu Inari Jinja Shrine
- ▼
- 📍 Toyama Park (Okubo area)
- ▼
- 📍 Inarikiou Jinja Shrine
- ▼
- 📍 Kabukicho
- ▼
- 📍 Seibu-Shinjuku Sta. (Front Exit)

Hints to walk healthily

1. Try to walk 8,000 steps per day
2. Maintain correct walking form
3. Walk at your own pace

🕒	Time allowed	around 64 minutes
📏	Distance	around 4.2 km
🔥	Calorie consumption	around 192 kcal
👣	Number of steps	around 6000 steps

* These are estimates given for a person, weight 60kg, moving at 4km per hour, walking 10 min.=30kcal, one step=70cm.

Tokyo Metropolitan Government Health Promoting character **KENKOUDESUKA-MAN**



Recommended Site

Icons: 🏯 Shrines and Temples 🌳 Park 🏢 Other

🏯 Kaichu Inari Jinja Shrine



Kaichu Inari Jinja Shrine was given its name meaning "everyone hits the target" as a symbol of good luck. The torii shinto archway and toro garden lanterns dedicated by the Teppo-gumi Hyakunintai (100-member gun squad) can still be seen.

🌳 Toyama Park (Okubo area)



A park of abundant greenery. Contains Shinjuku City Sports Center and a jogging course 1,223m in circumference.

🏯 Inarikiou Jinja Shrine



At the Setsubun bean-scattering ceremony to mark the last day of winter according to the old calendar, in contrast to the usual custom of driving devils out here people say "in with fortune, in with devils" to attract the good fortune of the devils. The handwashing basin has a rare design with a devil holding the bowl on its head.

🏢 Kabukicho



Got its name from the wish to lure kabuki companies to the area as a means of recovery from wartime damage. Attractive new features such as Godzilla landmark on the Shinjuku Toho Building are appearing all the time.