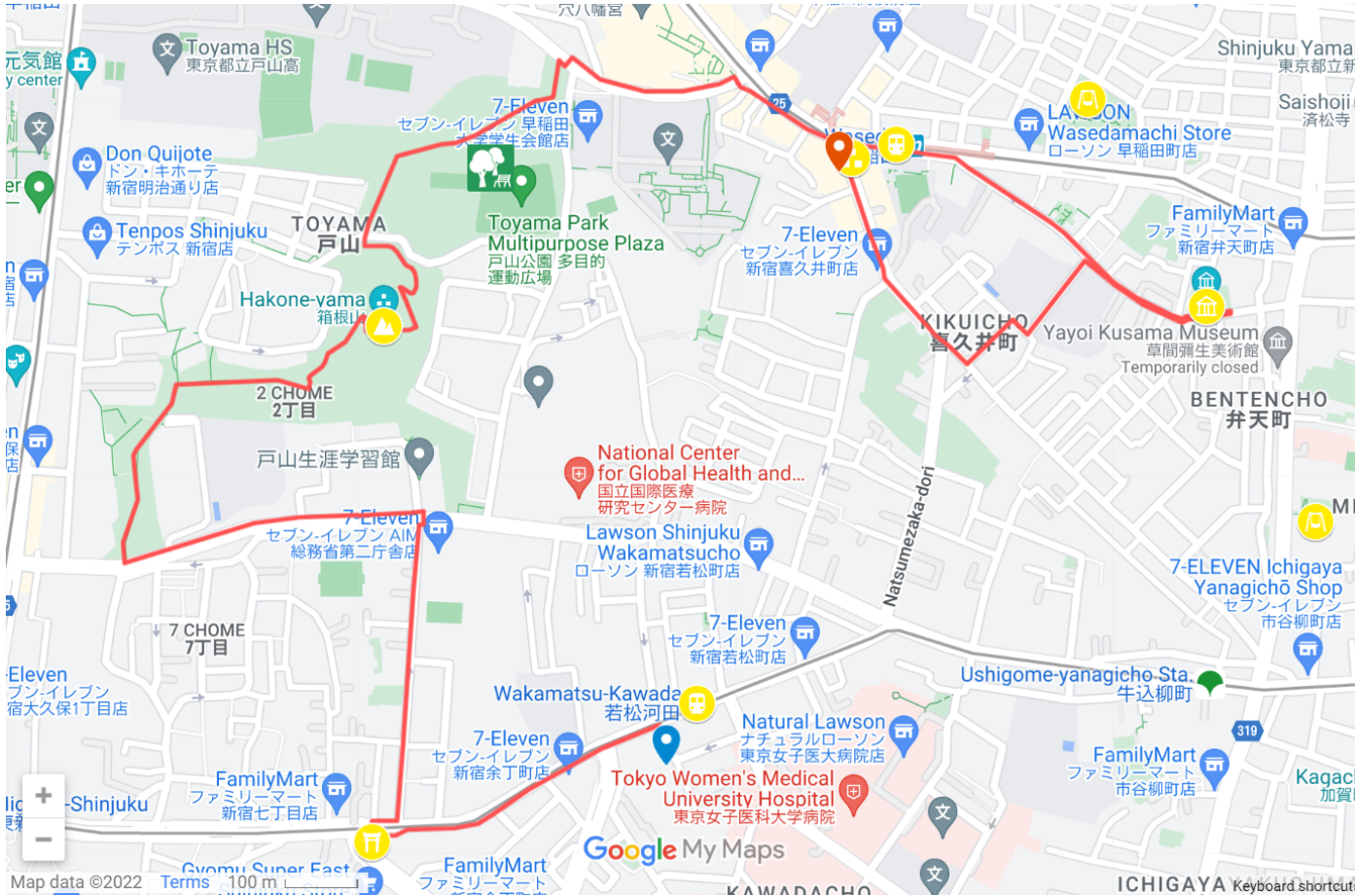


Shinjuku City

Taking in the Natsume Soseki Memorial Museum and the highest summit within the Yamanote Line

Highlight | Natsume Soseki Memorial Museum



Route Description

- 📍 Wakamatsu-Kawada Sta.(Kawada Exit)
- ▼
- 📍 Nukebenten (Itsukushima Jinja Shrine)
- ▼
- 📍 Hakone-yama
- ▼
- 📍 Natsume Soseki Memorial Museum
- ▼
- 📍 Birthplace of Natsume Soseki
- ▼
- 📍 Waseda Sta. (Exit2)

Hints to walk healthily

1. Try to walk 8,000 steps per day
2. Maintain correct walking form
3. Walk at your own pace

🕒 Time allowed	around 67 minutes
📏 Distance	around 4.4 km
🔥 Calorie consumption	around 201 kcal
👣 Number of steps	around 6300 steps

* These are estimates given for a person, weight 60kg, moving at 4km per hour, walking 10 min.=30kcal, one step=70cm.

Tokyo Metropolitan Government Health Promoting character **KENKOUDESUKA-MAN**



Recommended Site

Icons: 🏯 Shrines and Temples 🌳 Park 🏠 Other

🏯 Nukebenten (Itsukushima Jinja Shrine)

Benten is worshipped as the goddess of wealth, happiness, and wisdom who can liberate people from suffering. In the Edo period, the Inugoyayashiki dog residence was created in the east area of the shrine under the Shorui-Awaremi-no-rei (ordinance of animal protection).



🌳 Hakone-yama

Hakone-yama is an artificial mount of 44.6m elevation which was in the Daimyo garden of Toyama mountain villa of the Edo period. Get a climbing certificate from the Toyama Park Service Center. (*see p.13 ⑤)



🏠 Natsume Soseki Memorial Museum

Shinjuku City is the town in which Natsume Soseki was born, raised, and spent all his life. The first fully fledged museum for Soseki, built on the site of the former "Soseki-Sanbo," where he spent the last 9 years of his life and where he gave many of his most famous works into the world. (*Admission fee applies)



🏠 Birthplace of Natsume Soseki

There is a commemorative monument built to mark the 100th year since his birth. The area of Kikui-cho got its name from Soseki's father Naokatsu, after his family crest: a chrysanthemum inside a well crib or "igeta ni kiku."

