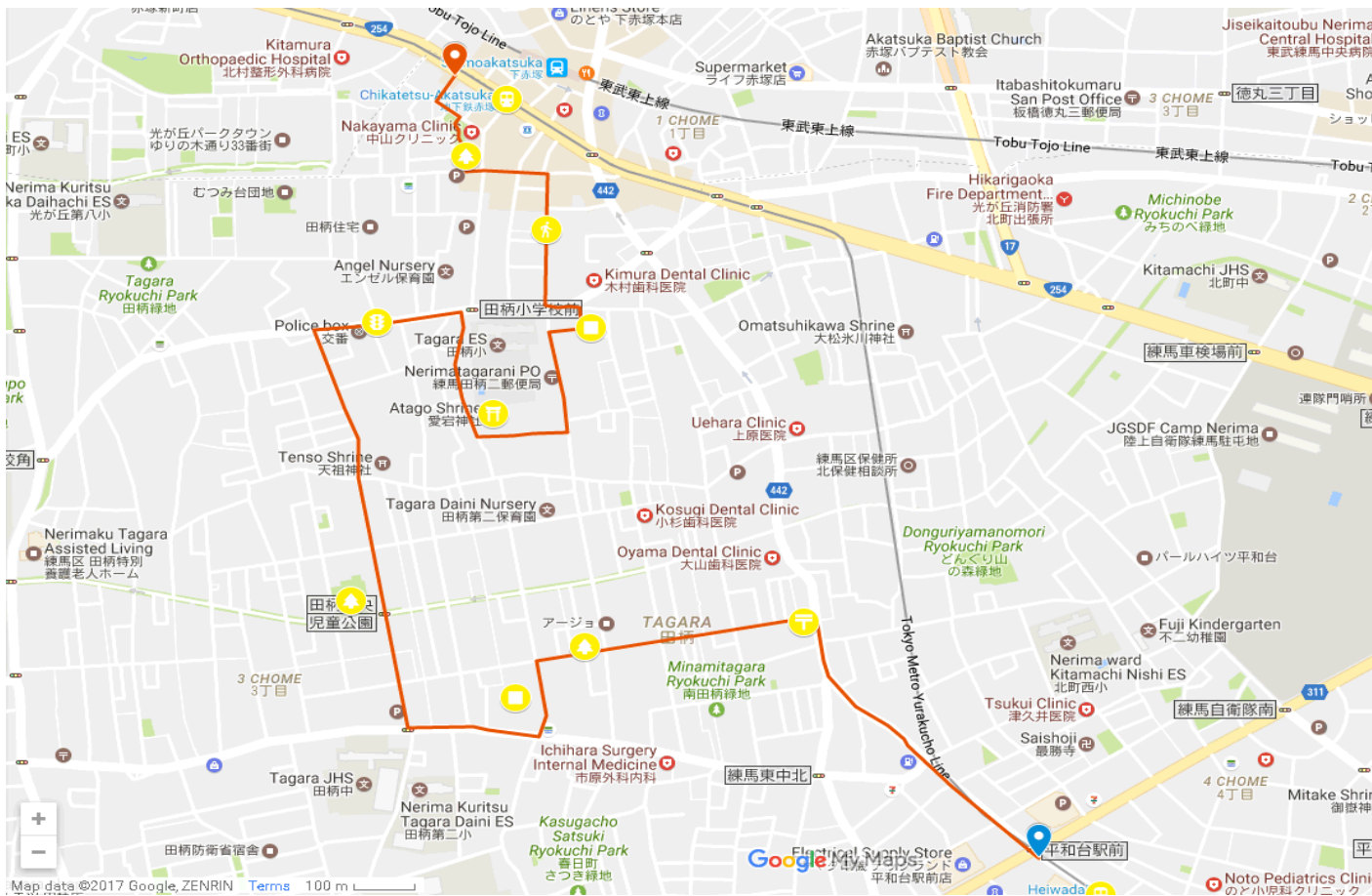


Nerima City

Heiwadai Sta. - Chikatetsu-Akatsuka Sta. Course

Highlight | Tagara Chuo Children's Park (Whale Park)



©Google

Route Description

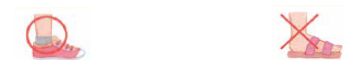
- Heiwadai Sta.
- ▼
- Nerima Tagara-higashi Post Office
- ▼
- Kyozyuka Park
- ▼
- Suzushiro Farm
- ▼
- Tagara Chuo Children's Park
- ▼
- Tagara Koban-mae
- ▼
- Atago-jinja Shrine
- ▼
- Minezaki-beya Sumo Stable
- ▼
- Shotengai Shopping Street
- ▼
- Tagara Park
- ▼
- Chikatetsu-Akatsuka Sta.

Points to keep in safe walking

- Stretch before and after to prevent injuries and fatigue.



- Choose shoes and clothes that fit your feet and are easy to walk in.



- Make sure to drink fluids frequently.
- If you have a medical condition, consult with your family doctor before beginning walking.

Recommended Site

Icons: Shrines and Temples Park Other

Tagara Chuo Children's Park (Whale Park)



There is a giant whale to be played on in the middle of the sandbox. The cherry blossoms are beautiful in spring.

Atago-jinja Shrine



A bon-odori event and goldfish market are held in the summer.

Time allowed	around 55 minutes
Distance	around 3.7 km
Calorie consumption	around 165 kcal
Number of steps	around 5300 steps

* These are estimates given for a person, weight 60kg, moving at 4km per hour, walking 10 min.≈30kcal, one step=70cm.
Tokyo Metropolitan Government Health Promoting character KENKOUDESUKA-MAN

