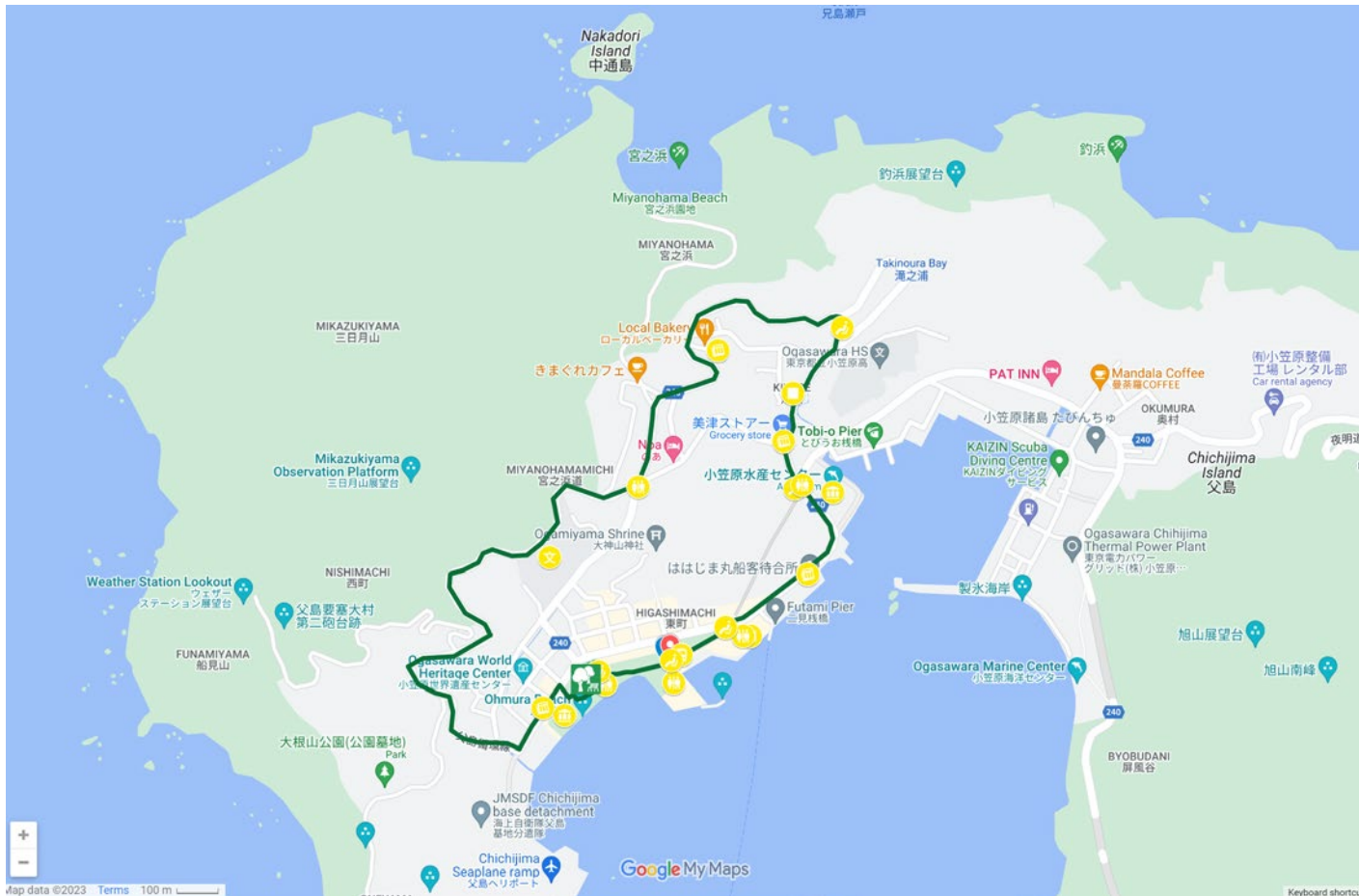




Tokyo Metropolitan Government Health Promoting character  
KENKOUDESUKA-MAN



Route Description	
	Aotodai toilets
▼	
	Ogamiyama Park
▼	
	Visitor Center
▼	
	Ogasawara Elementary & Junior High School
▼	
	Kiyose
▼	
	Ogasawara Fisheries Center
▼	
	Ferry passenger waiting room
▼	
	Aotodai toilets

## Route Description

This course is an easy walk that is near Chichijima's main residential area and has few slopes. We recommend the course because it has many benches where you can rest, vending machines, and toilets, and allows you to take a casual walk. Going for a stroll in familiar landscapes would make you realize scenery you haven't known.



Time allowed	around <b>54</b> minutes
Distance	around <b>3620</b> m
Calorie consumption	around <b>162</b> kcal
Number of steps	around <b>5171</b> steps

\* These are estimates given for a person, weight 60kg, moving at 4km per hour, walking 10 min.=30kcal, one step=70cm.