

AZCREW Matsuzaki Matrixtechno, Thread knot switching device Co., Ltd. (Knit goods shop Various supporters, fashionable "ITONE" attached to the factory) knit goods MARUMIZU-GUMI Sankyo Plating Co., Ltd. Polishing/plating of mold parts, TANITA Corporation Household/professional scale FEDECO **Itabashi Factory** Fujimura Kogyo Co., Ltd. Wrapping machine Azuma Corporation Kyodo Co., Ltd. Kobayashi Sengei Daiichi Glass Company Ltd. Daiwa Hightechs Takasago Tekko K.K. Nikkei Printing Inc **Graphic Garden** HINODE Poster Printing Misuzu E.W.S. Co., Ltd. Itabashi Suboffice Kawashima Shiki Walk-throughs of manufacturing companies in Itabashi, the city famous for its industrial concentration. Advance application is required in order to participate in a walk-through. For more information, check Itabashi City's official website. mation, check Itabashi City's official website. Avenza Maps Avenza Maps is an app that allows you to download free maps of locations around Maps are viewable offline. AvenzaMaps • You can leave photos and memos on the Download app here: For instructions on how to use Avenza Maps, check Itabashi City's official website. "day-to-day outings". Major 1-day passes valid in Itabashi City Toei 1Day Pass Toei Marugoto Kippu) (1-day Pass) Tokyo Metro 24-hour Ticket Kokusai Kogyo Bus 1Day IC Card Pass Toei Bus 1Day Pass

Itabashi City Official Website

transporation for both various railway/bus companies. Use public transportation and enjoy your day out conveniently and with a good deal!

Company/walk-through overview

(stained/etched glass, etc.)

Specially ordered leather-bound

albums, specially bound books

applied equipment

Prosthetic limbs/orthosis

Comic shrinkers

Industrial painting

Researches on mirror-like

finishing/microfabrication, develop

ment of processing technology

Printing on T-shirts, tote bags,

other wear, etc. / die-cutting o

Certificates / photo mounts /

Walk-through: DVD demonstration

engraving, pattern paste, boards, paper patterns, history of Edo Komor description of dyeing, materials, etc.

Cold rolled steel strips, electromagneti

processed stainless steel products

plates/sheets, embossed stainless steel products, coated stainless steel products

Atelier/Works

**Available lines** obu Tokyo Metro Pass 750-920 1Day Ticket for Toei Subway and Tokyo Metro

₹The price of the Tobu Tokyo Metro Pass dependes on the station you start the trip. \*Children's fare is half the price of the above. (As of October 2021)

Many types of 1-day passes convenient for your trip to Tokyo are available as well. For

more information, please refer here:

Itabashi City Official Website

Transportation Planning and Urban Infrastructure Section, Urban Planning Division, Itabashi City Tel 03–3579–2548

in earthen-wall building that has guietly ood on Nakajuku Shopping Street since 914. The architecture features a bricked, stern-style design added to the early desman's house, creating a late ern feel In recent years, instead of being perated as a rice retail shop, the place is sed as the place to convey the atmosphere a post station to future generations.

D-1

nkirienoki has been a

enowned scenic spot of

tabashi-shuku since the Edo

the tree "cuts bad ties and form

G-5

good connection", attracting

aith from ordinary people.

period. It has been told that

## Benefits of Walking

It prevents lifestyle diseases Walking lowers blood sugar level and blood pressure. It also lowers the risk of lifestyle diseases such as cancer and diabetes. cardiopulmonary functions.

help you maintain and improve your physical fitness such as body stamina and muscular strength. It prevents obesity. Walking increases your energy consumption an

Walking leads to change of air and stress release

helping you to improve physical and mental health. (Based on MHLW's "Standards of Physical Activities for Health 2013")

enshrine local guardian gods and to pray for safe trip.

Approx. 6.0 km

Approx. 90 min

Approx. 8,600 steps

Calories consumed Approx. 270 kcal

Approx. walk-around time: 150 min. (including short stops at each site)

Starting from Naka-Itabashi Station

Approx. 0.4 km Approx. 6 min.

▼ Approx. 0.2 km Approx. 3 min.

Approx. 0.4 km Approx. 6 min.

Approx. 0.6 km Approx. 9 min.

Approx. 0.4 km Approx. 6 min.

▼ Approx. 0.4 km Approx. 6 min.

Approx. 0.6 km Approx. 9 min.

▼ Approx. 0.2 km Approx. 3 min.

▼ Approx. 0.6 km Approx. 9 min.

Approx. 0.2 km Approx. 3 min.

Approx. 0.0 km Approx. 0 min.

Approx. 0.8 km Approx. 12 min.

▼ Approx. 0.4 km Approx. 6 min.

Approx. 0.2 km Approx. 3 min.

▼ Approx. 0.2 km Approx. 3 min.

▼ Approx. 0.2 km Approx. 3 min

Kosodate Jizo (Ksitigarbha) Statue

Approx. 0.2 km Approx. 3 min.

Final destination: Kami-Itabashi Station

(Five Zelkova Trees)

Site of the Old Kami-Itabashi Village Office

Minamitokiwadai Tenso Jinja Shrine

6 Geto Bridge and Rokuzo-no-hokora

Ovama Fuku Jizo (Ksitigarbha) Statue

Required time

Senshoin Temple

Kutsuwa Jinja Shrine

4 Hokei Inari Jinja Shrine

Chomeiji Temple

1 Heian Jizo

Hikawa Jinja Shrine

Anyoin Temple

Mitake Jinja Shrine

Sakuragawa Green Road

Site of Moro

Area flourished as the posting station of the Kawagoe-kaido. Still home to many shrines built to

Kutsuwa Jinja F-5

In the Edo period, this place was called

"Kutsuwa Gongen". The origin of the

anecdote that when Tokugawa leyasu

toured around his domain countries, he

fatigue here and left the curb (kutsuwa)

here. The deity is a quardian for children

and is worshipped for its ability to cure

diseases, especially whooping coughs.

Site of Moro

In March 1951, stone tools and other

through an independent hill called

"Osedoyama". Later, the result of an

excavation suggested that the culture of

the Old Stone Age, which is older than

ubiquitously in Japan. In addition, the

knife-shaped stone tool unearthed

"Moro-type knife-shaped stone tool"

The site was designated Tokyo's cultural

property in 1969 and the artifacts in 1999

Tokyo Metropolitan government but is

off-limits to save the trees and woods

Today the site is a parkland owned by the

during this excavation was named

cross-sectional part of a road that runs

artifacts were discovered in the

the Jomon era, had prevailed

from its highly unique form.

How to choose your pair of shoes

Have ample room to move your toes

Not pinching, adjustable with laces

Light and breathable

Supported by insoles

Pliable to body move

Thick and cushioned

Securely wrap the heel

5-17 Komone

behind, which was later enshrined, or

because a horseshoe was enshrined

let his horses rest and recover from

name is said to have come from an

46-3 Nakacho

served as director for many years The statue was erected in 1925 and was registered Itabashi City's tered Tangible Cultura roperty in 2013. Line of Cherry G-4



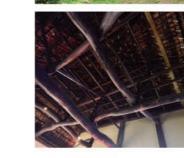
Trees along the Shakujii Rive The city's iconic cherry blossom site where over 1,000 cherry trees will be in full bloom along the entire iver in the cherry blossom viewing eason. Along the river, the line of cherry trees stretch all the way to sukayama of Kita City, another herry blossom site that has been vell-known since the Edo period



up on the grass roof, a square to hold uinea pigs, a tunnel of squirrels, and a garden for turtles. Enjoy pulling nies at the horse ground. A kids' oom and a baby station are also G-5



and a highly realistic "visual theater potprints of his accomplishments. Chuo Library E-4



Family House nid-Edo period. The main building a wooden single-story house wit thatched hip roof. The renovation



arting in 2015 revealed the fact hat it was one of the oldest privat esidence in Tokyo, built in 1723. It still stands at the same place where t was first built; thus it draws raction as one of the preciou ildings in eastern Japan, It was signated the tangible cultura erty of Tokyo in 2018. In orde preserve the precious cultural operty, the former Kasuya Famil use now has a fire monitor as a re prevention equipment, as wel bicycle and car parking lots for

Approx. 7.0 km

Approx. 10,000 steps

Required time Approx. 105 min.

Calories consumed Approx. 315 kcal

Approx, walk-around time: 150 min

Starting from Motohasunuma Station

Approx. 0.2 km Approx. 3 min.

Approx. 0.1 km Approx. 2 min

Weeping Cherry Trees in Nanzoin Temple

Approx. 0.6 km Approx. 9 min.

Approx. 0.6 km Approx. 9 min

Approx. 0.4 km Approx. 6 min.

Approx. 0.2 km Approx. 3 min.

▼ Approx. 0.4 km Approx. 6 min.

Approx. 1.0 km Approx. 15 min.

▼ Approx. 0.9 km Approx. 14 min.

Approx. 0.3 km Approx. 4 min.

Approx. 0.5 km Approx. 7 mir

Approx. 0.2 km Approx. 3 min.

Approx. 0.0 km Approx. 0 min.

Approx. 0.6 km Approx. 9 min.

Approx. 0.8 km Approx. 12 min.

Azusawa Water Bus Dock

4 Azusawa Jinja Shrine

16 Shimura Milestone

Warming up

pain, and fatigue.

feel well.

Do stretches to gradually

warm your body up and

Make sure you do this in

Do not try too hard if you

haven't slept much or do no

encourage blood circulation

order to prevent injury, knee

Main Pillar of Toda Bridge

Approx. 0.2 km Approx. 3 min

Approx. 0.0 km Approx. 0 min.

Final destination: Shimura-sakaue Station

9 Fuji-Oyama Road Sign/Koshin Tower

Ruins of Shimura Castle and Kumano Jinja Shrine

Hikawa Jinja Shrine

3 Chotokuji Temple

5 Jorakuin Temple

6 Mitsugi Park

Emmeiji Temple

10 Yakushi-no-izumi

Mitarai Fudo

ncluding short stops at each site)

Area scattered with historical sites and remains along the cliff line that remind of the time when

Mitsugi Park E-3

boat transportation where variou

goods were loaded and unloaded

connects Sumida and Arakawa

effective with

good posture!

Chin down; — eyes forward.

(c-2, C-3)

Ta-asobi", a tradition of Tokumari

and Akatsuka districts where used

pre-celebration festival held at the

sperity of the family. In 1976

ated the national importan

intangible folk cultura

kumaru Kitano Jinja

February 11, and

katsuka Suwa Jinja

shrine in the night of

ebruary 13.

Tokyo Metropolitan

A park built from the cliff of the

tsuka plateau. This long and

narrow park stretching east to west

ooks like a little forest with many

different sizes of trees. The Daimon

district within the park has the

argest natural habitat of

windflowers in Tokyo.

Itabashi

34-27 Akatsuka

**Art Museum** 

Akatsuka Park C-2

o be a vast rice paddy field, is a

tart of the year in hope for the

The Ta-asobi of Itabashi" was

Rivers and the bayfront area.

Today the place has been

4-59-1 Maenocho

Weeping Cherry Trees in Nanzoin Temple

48-8 Hasunumacho

A Shingon Buddhism temple that is said to

period, and was a rest station for 8th shogun.

ound-sculpture jizo (guardian deity) built in

1653 by a group of Koshin-machi (religious

event) participants. The weeping cherry

ees that bloom beautifully with the

udo-do hall in the background offers a

ectacular view in the blooming season.

oshimune during falconry. The premises

eature a Koshin Tower in the shape of a

have been established in the early Edo

there were ample spring water. Also has the dimension of an industrial area

on each spot of the Shimura Walk-Around Route, check the official website







Approx. 6.4 km Required time Approx. 96 min. Calories consumed Approx. 288 kcal Approx. 9,200 steps Approx, walk-around time: 180 min

ncluding short stops at each site) Starting from Narimasu Station

Approx. 1.0 km Approx. 15 min Akatsuka Hikawa Jinja Shrine

▼ Approx. 0.4 km Approx. 6 min. Ruins of the Akatsuka Castle Approx. 0.2 km Approx. 3 min. Akatsuka Tameike Park

Takenoko Park

6 Fudo Waterfall

Shogetsuin Temple,

Marakuji Temple

Approx. 0.6 km Approx. 9 min

Approx. 0.1 km Approx. 2 min.

Approx. 0.3 km Approx. 4 min.

Approx. 0.2 km Approx. 3 min.

Approx. 0.2 km Approx. 3 min.

Approx. 0.7 km Approx. 10 min.

Water Wheel Park and Tokusuitei

▼ Approx. 0.9 km Approx. 14 min.

Approx. 0.1 km Approx. 2 min.

Tormer Kasuya Family House

Approx. 0.3 km Approx. 4 min

Tokumaru Kitano Jinja Shrine

Approx. 1.4 km Approx. 21 mi

Final destination: Tobu-Nerima Station

Jorenji Temple (Great Buddha of Tokyo)

Shogetsuin Temple Main Building

replaced by the current Toda Bridge in 1978. The left back sid of the pillar has an embedded opper plate that states the history and specifications of th bridge. The main pillar of the Saitama side is at the entrance of odabashi Water Park on the east side of Boat Race Toda.

Main Pillar F-3

of Toda Bridge

The main pillar of the Tokyo side

of the river before the bridge w

Shimizuzaka Slope

7 Shimura Vicinity

he first rough path of the Old

lakasendo, this steep hill falls from

the big curve used to be a scenic sp

here you could have a command

view of Mt. Fuil on the right hand side

he name comes from Daizenji Templ

n the right hand side of the road

when you go down the slope, where

by for a break during falconry and

amed its Bhaisaiyaguru statue

himizu-Yakushi (clear water

aisajyaguru)\*, after seeing the

autiful clear water spring in the

Shimura plateau to the lowland

e Arakawa River basin. It is said tha

3-8 Azusawa

Yakushi-no-izumi Garden E-3

Opened in April 1953, about 45% of the park's 14,000 square When the 8th Shogun Yoshimune stopped meter-premise is a pond where yo by at Daizenji Temple, he named the can enjoy rowing boats. With its naisajyaguru statue "Shimizu-Yakushi natural spring water, Mitsugi Park is (clear water Bhaisajyaguru)" after seeing the place to spend laid-back time. the clear water spring in the premises. Based on information, the garden was estored to the state back then.



Shimura Milestone F-3 1-12 Shimura/2-16 Azusawa The third milestone from

constructed into Azusawa Water Bu Nihombashi, the heart of Edo. Being Dock and used as a wharf of "Tokyo one of the only two milestones that Mizube Line", a water bus line that remain to this day with the original appearance, it is designated the national place of historic interest. Make your walking

rhythmically along with your steps.



heart. It is important to stop gradually; it allows you to recover from fatigue fast and prevents muscle pain. Don't forget to

Fireworks Festival

tabashi's pride. Along with Toda

The summer tradition dubbed

City, Saitama Prefecture at the

approx. 12,000 shots of firework

there are many spectacular and

shooting of the biggest firework

ball, and "The Great Niagara Falls

which is one of the longest in the

Kanto region with the length of

s close to the spectators' area,

they can also enjoy the sound

esonating to their stomachs.

Itabashi City F-5

Civic Festival

such as the Awa dance

A festival held around Itabashi

every year. Various events take

performance, local specialty

place during the two-day period,

narket by groups of vendors, and

Enjoy the autum

dancing, eating

ifferent promotional sections.

Green Hall and be full with people

paint the night sky. Every year

various fireworks such as the

other side of Arakawa river



5-35 Akatsuka The site used to be the Chiba clan's residential castle during the Warring States period. It was a typical flatland-mountain castle of the Medieval times: the scarce ruins of the dry moats

remind you of the bygone era.

Area around Akatsuka B-2

Approx. 200 plum trees are in a park

the full bloom in early spring is

surrounded by Itabashi Historica

Museum, Itabashi Art Museum, and

Tokyo Metropolitan Akatsuka Park,

Jorenji Temple B-2

(Great Buddha of Tokyo

Jorenii is a Jodo Buddhism temple

Nakasendo, it was the place where

enjoyed "Otaka-gari" (falconry) and

"Enma-sama" (Yama). The 13-meter

bronze sitting Amitabha Buddha

hope of no natural disasters and

also something to see.

the successive Tokugawa shoguns

which is said to have been

(1394-1428). Located in

Itabashi-shuku of the Old

also famous as the temple of

established in the Oei period

5-28-3 Akatsuka

something to see. The park is

Tameike Park

5-35-27 Akatsuka

The existing bamboo grove was addition of about 13 bamboo species such as fern-leaf hedge and giant timber bamboos. Listening to the sound of the breeze that shakes the bamboo leaves makes you forget the where you can spend laid-back time. passage of time.





waterwheel runs in the park where, at the rice padding field, you an observe the agricultural scene nd the process of rice cultivation rom transplanting to reaping. Across the street next to the Wate Wheel Park is a traditional Japanese-style garden and tea eremony room "Tokusuitei". Advance reservation required for Tokusu

"Walking" is an exercise you can do casually. The national guideline for the target daily walking steps is 8,000 steps (\*1). However, only about 40% of residents in Tokyo of age 20 and up, men and women alike, actually walk 8,000 steps or more a day (\*2). Walking 1,000 steps/about 10 minutes more a day will help you overcome physical laziness as wel as prevent lifestyle diseases and reduce stress. \*1 MHLW's "Active Guide for Health" recommends men/women of age 18-64 to hav

physical activities that account for 8,000 walking steps a day. \*2 "National Health & Nutrition Survey" (MHLW) (Recount of Tokyoite's data 2012-14)

Area of orderly sectioned residential districts and industry strongholds.

Arakawa

**Dote Riverbank** 

The river basin of Arakawa River

that flows through the northern

baseball, soccer, track-and-field)

touch with nature. The long bank

many flowers such as chamomiles

along the river basin is home to

marathon event is held in March

and a fireworks event in August.

Takashimadaira C-2

ousing Complex and

Line of Zelkova Trees

The Takashimadaira area used to be a

cenery was created when housing

swamp named Tokumarugahara; today's

complexes were made between the late

60s and early 70s. The rows of zelkova

trees that extend over about 600m grew

with the housing complexes and shows

Johoku Kotsu Park

2-19-1 Sakashita, Johoku Park

The park features a D51 steam

bus, which you can view freely.

locomotive train (nickname:

Degoichi) and an actual Toei

There is also a Transportation

Museum where you can see

learn the history of railways.

displays of model railroads and

us the seasonal beauty.

part of Itabashi City features

various athletic parks (for

as well as the bio-ecological

and poppies. Every year, a

gardens where you can get in

spot of the Takashimadaira Walk-Around Routes, check the official website

16-6 Funado









Selected in 2003 as impressive landscapes and seasonal events unique to the city.



8-29-2 Takashimadaira A botanical garden that sterically recreates the natural environment of Southeast Asia. The glasshouse where mangroves etc. grow uses the residual heat from the nearby Itabashi Incineration Plant; the cold room showcases plants such as orchids. There is also a mini aquarium on the basement and the facility allows you to enjoy all tropical

environments from sea to mountain.

Children's Zoo Takashimadaira Branch C-1 8-24-1 Takashimadaira Tokumarugahara Park A small where visitors can enjoy contacts with goats, lambs, and guinea pigs. There are also



Track (

Itabashi Recycling Plaza



the stairs. Do not just walk; enjoy yourself while e.g., Strolling the streets, visiting tourist attractions, etc. Recording your walking steps with a

pedometer or a smartphone will lead to a sense of accomplishment and



# Must-see Places

4-3-1 Tokiwada The library on the first floor of the Chuo Library from approx. 100 countries and 70 languages, mainly donated from Bologna, northern Italy the city that Itabashi has exchanges with. It is a foreign picture book library with a large n Europe, America, Asia, and Africa.



The center offers a variety of environmental workshops and events throughout the year o promote and encourage environmental ucation and eco-friendly lifestyles. It is acility where you contact, feel, and learn out the "environment", a seemingly mplicated concept, and become famili ith it before you know it.





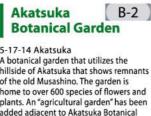
a park with a big windmill as a ndmark. It houses a square, ground equipment, a primrose ield, and an aquatic botanical garden. Enjoy sport, plant ppreciation, fishing, and many



Itabashi **Historical Museum** 5-35-25 Akatsuka

ons on the Kano School in

A facility to learn the history of Itabashi. with archaeological remains, ancient documents, and folklore materials that have been excavated in the city. The premise also holds an old folk house. Ir an environment of rich nature, visitors can make new discoveries and feel nostalgic at the same time



arden to provide a place to experience

griculture, mainly for children.

B-2

that loads about 1.5 tons of

takes a JAAF-certified course where experienced runners can expect to reak their own records.

### Links to useful sightseeing informatio

Itabashi's Cultural Assets Information on tangible and intangible cultural properties

in Itabashi.



Information on "Itabashi's specialties", the foods of local pride that attract affinity and popularity among the locals.

Itabashi City

Official Website

member districts.



A website with full of information that brings fun to stroll in the city of Itabashi. It has information on tourist spots that did not make this map. The "City-Strolling MAP function" allows an easy location search. Special articles on gourmet such as "Itabashi Sweets" and areas are also something to see. Also





A tourist mascot in the motif of the fairy of "nirinso" (windflower), Itabashi's official flower. It is full of life and spirit of hospitality, appealing the clean and green Itabashi to the world. Check its Twitter account that offers information on the city's events and attractions!

りんりん

3-14-15 Itabashi, Itabashi-ku, Tokyo (1st floor of Itabashi Regional Center) 9 am - 5 pm 03-3963-5078 03-3963-5373 Tuesdays (if Tuesday is a national holiday

the following day will be closed instead) / year-end/New Year No later than 14 days before the actual touring date

for a guide (Contact Tourism Center for details)

## Ikebukuro The " " shows the starting point of each course.

Access

Itabashi Our initiatives and what to enjoy in This and That "Itabashi, The City of Picture Books" Itabashi City takes advantage of its friendship-city relationship and

exchanges with Bologna, Italy, and many printing industry firms to disseminate the culture of picture books as a brand unique to Itabashi. Getting in touch with picture books from around the world

Itabashi Bologna Children's Picture Book Library

(1st floor, Chuo Library [E-4]) is the place where

arrays of picture books from around the world.

everyone from child to adult can enjoy, with

Through picture books, you can expand your interest and curiosity on the world as well as read them in different languages. In addition the annual summer event "Bologna Book Fair in Itabashi" offers you the opportunities to enjoy picture books that draw international attention.

Bologna Illustrators Exhibition An exhibition of works selected for the picture book illustrators' competition in ogna, Italy, held in Itabashi annually at the Itabashi Art Museum [B-2]. By being

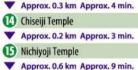
exposed to the precious original artwork Picture book reading you will be introduced to various forms of events are held mainly expressions and techniques in picture books. at libraries and CAP' (children's houses). It is not a mere place of enjoyment: children are expected to getting familiar with picture books at an early age.

Life & Tourism Division, Itabashi City

2-65-6 Itabashi, Itabashi-ku, Tokyo 173-0004 (6th Floor, Itabashi City Information Processing Center

Phone:03-3579-2251 E-mail:kb-kankou@city.itabashi.tokyo.jp Published March 2022 \*Information as of December 2021

Final destination: Itabashihoncho Station



**Nature Route** 

Required time

Approx. 6.4 km

Approx. 96 min.

Calories consumed Approx. 288 kcal

ncluding short stops at each site)

Starting from Nishidai Station

Approx. 0.6 km Approx. 9 min.

Approx. 1.0 km Approx. 15 min.

Arakawa Dote Riverbank

Approx. 0.3 km Approx. 4 min

Approx. 1.8 km Approx. 27 min.

Itabashi Botanical Gardens

Approx. 0.4 km Approx. 6 min

Children's Zoo, Takashimadaira Branch

▼ Approx. 0.4 km Approx. 6 min.

6 Takashimadaira Housing Complex

and Line of Zelkova Trees

Approx. 1.1 km Approx. 17 mir

Maeyatsugawa Green Road

Approx. 0.8 km Approx. 12 min.

Final destination: Takashimadaira Station

Required time Approx. 84 min.

Calories consumed Approx. 252 kcal

Approx. walk-around time: 120 min.

ncluding short stops at each site)

Starting from Nishidai Station

Approx. 0.2 km Approx. 3 min

Approx. 1.0 km Approx. 15 min.

Approx. 0.3 km Approx. 4 min.

Approx. 1.1 km Approx. 17 mir

▼ Approx. 0.4 km Approx. 6 min.

▼ Approx. 1.5 km Approx. 23 min.

6 Nakasendo Toda no Watashi Ferry

Approx. 0.5 km Approx. 7 min.

Approx. 0.2 km Approx. 3 min.

Approx. 0.4 km Approx. 6 min.

Funado Hikawa Jinja Shrine (Judo-no-miya)

Tokyo Metropolitan Ukima Park

Final destination: Ukima-Funado Station

Bato Kannondo

Mikawa Jinia Shrine

Rengeji Temple

Johoku Kotsu Park

6 Inari Jinja Shrine

Approx. 5.6 km

Approx. 8,000 steps

History Route

Steps

Picture book

reading events

Itabashi Recycling Plaza

Funado Ohashi Bridge





G-6

During the Edo period, this area

used to be the residence of the

Maeda family of Kaga, which was

as large as 177 acres. The park is

From the Meiji era to the end of

(Tokyo Second Army Arsenal)

the ruin of the artificial hill.

WWII, there used to be the

Itabashi Explosives Factory

About 10km from Nihombashi, the heart of Edo, this area features Itabashijuku,

Grave of

Isami Kondo

Kondo was captured in

headquarters of the new

7-8-10 Takinogawa, Kita City

Shinsen-gumi commander Isami

Nagarevama in 1868, sent to the

Itabashi-shuku at that time, and

site, which is currently at the front

of the East exit of Itabashi Station.

overnmental army which was in

later executed. His grave is near that

which used to enjoy prosperity as the posting station of Nakasendo.

Approx. 4.5 km

Approx. 67 min.

Approx. 6,400 steps

Calories consumed Approx. 201 kcal

Approx. walk-around time: 90 min.

Starting from Itabashi Station

Approx. 0.1 km Approx. 2 min

▼ Approx. 1.2 km Approx. 18 min.

Approx. 0.7 km Approx. 10 min.

Approx. 0.1 km Approx. 2 min

Approx. 0.0 km Approx. 0 min.

Approx. 0.0 km Approx. 0 min.

Approx. 0.0 km Approx. 0 min.

Approx. 0.3 km Approx. 4 min.

Approx. 0.3 km Approx. 4 min

Approx. 0.2 km Approx. 3 min.

Approx. 0.1 km Approx. 2 min

Approx. 0.2 km Approx. 3 min.

Site of the Nakajukuwaki Honjin Headquarters

Site of the Itabashijuku Honjin Headquarters

1 Itabashi Tourism Center

Henshoji Temple

Monjuin Temple

Itabashi Bridge

Site of the Hiraojukuwaki Honjin Headquarters

6 Itabashi 3-chome Enjuku Hiroba Square

Grave of Isami Kondo

Kaga Park

Tokoji Temple

Kammyoji Temple

Required time

ame "Itabashi". The name is seen n literature such as the Engyo

on each spot of the Itabash

4-13-8 Itabashi

A Jodo Buddhist Temple that is

said to have been established in

the Muromachi period (14th-16t

century). The Koshin Tower in the

premises is the largest in Itabashi

standing 190cm (6'3") tall, and is

designated the tangible cultural

property of Itabashi. There is also

descendants who had moved to

Ukita Hideie, built by his

Itabashi in the Meiji era.

28/29 Honcho

memorial tower of feudal warlord

Itabashi Bridge F-5

A bridge over Shakujii River, near

akajuku of the old Nakasendo. I

s said to be the origin of the city

Walk-Around Route, check the official website

dition of "The Tale of the Heike", and is thought to have become a place name by the Kamakura period. When the cherry blossom iewing season arrives, the Shakujii River sees the full bloom of cherry blossoms from upper hrough to lower streams.

\* If you have a chronic disease, consult with your doctor before you start walking.

If you continue exercising on a regular basis, it will

makes it easier to reduce waist size and weight.





10 Scenic Spots in Itabashi: Offers tours of its bottle/can separation-and-



35-2 Sakaecho At this sanatorium, the instituted that led the welfare and medicine fields in Japan, Eiichi Shibusawa

Bronze Statue of Eiichi Shibusawa





eatures an open field to enjoy contacts with goats and lams climbing

G-5



pened March 2021 in the premises f Itabashi Heiwa Park. The library tends from 1st to 3rd floors and holds a little more than 500,000 ooks at maximum. Also with tabashi Bologna Children's Picture Book Library and a café, it is a







on each spot of the Tokiwadai Walk-Around Route, check the official website

nere are a few stories about the origin of the name

upside-down nettle tree" which grew big from a nettle

ground. Another is that when the lord of Kawagoe Cast

went to Edo and back, the retainers of his Edo residence

came here and bowed their head down to greet him or

see him off. And the third story is that the stone bridge

was rebuilt based on the money of Rokuzo, who used to

receive donation from the travelers under the bridge.

The Rokuzo-no-hokora was rebuilt to praise his virtue,

(Five Zelkova Trees)

expanded in the early Showa era, lijima Yajuro,

then mayor of the former Kami-Itabashi Village

woodland. Thus five trees were preserved when

the woodland was cut down, and people begin

to call them "gohon keyaki" (five zelkova trees).

Make room in the shoes that

allows you to move your toes.

2. Hit the ground lightly with your

the right place, tie the laces at

your ankles

heels. When your heels settle in

. Shift your weight to the toes. Lift

your heels and secure the shoes

tightly with the laces.

offered his land under the condition to keep

some of the zelkova trees in his homestead

Later, two dead trees were replaced to new

ones. Today the site is a local landmark.

When the width of Kawagoe-kaido was

1-19 Kami-itabash

and houses a "wood strip" donated by Shibusawa Eiichi.

Sakuragawa Boundary of 1 and 3-chom

A green road that was constructed

by turning the Sakura River (which is

into underground drains. With many

called Tagara River in Nerima City)

trees planted, it is a place of

relaxation for the community

and Education Hal

njoy the planetarium and the

nriching the interest and

inderstanding in science and

pace. The planetarium offer

ews of seasonal starry skies

ientific exhibition room while

-14-1 Tokiwadai

How to wear your shoes right

Geto" (head down). One is that there was an

cane that a traveling monk had stuck down to the

E-5



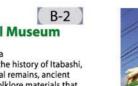
1 Azusawa njoy walking and running the usawa Loop, an oval-shaped aisle ocated at the center of the Sports Field. Other facilities include a nultipurpose space with a tennis urt and a basketball goal, a lawn, and playground equipment.











B-2

Itabashi City Marathon is a beginner-friendly event with a long time limit, a flat, runnable course and good water/food supply service. It is also a competition tha

A festival to celebrate harvest of the fall in the Akatsuka district where agriculture still remains. A variety of vents are held such as Itabashi' homegrown agricultural product view of the "vegetable treasure ship tabashi City E-1 Marathon

**Agricultural Festival** 

**Itabashi's Specialties** 

**Itabashi's Shopping Streets** Information on access and events Shopping District of Shopping District Association



Search on the locations of facilities and information on barrier-free

in the City make sure to check the event information updated monthly





### Itabashi Tourist Mascot

Follow Rinrin-chan on @rinrin\_itabashi

8-11 Akatsuka Waters of Tokyo. Long time 12-2 Daimon ago, people who made pilgrimages to Oyama and augmented into a park with the Fuji purified themselves by

on each spot of the Akatsuka

Walk-Around Route, check the official website

bathing themselves in the falling water. There was at al times water no matter how dry the year was. Today the water has still not dried out and keeps on falling although there is less water **Shogetsuin Temple** 8-4-9 Akatsuka B-2 A Soto Buddhism temple that is said

to have been reestablished by oritane Chiba by donating a temple estate in 1492. It is also famous as he base where Shuhan Takashima onducted the Western-style annon shooting training for th

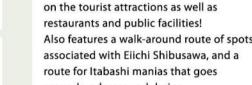
**Water Wheel Park and Tokusuitei** 



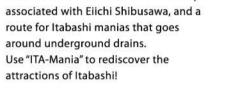
## Walk 10 minutes more!

statue called "The Great Buddha of Tokyo" was erected in 1977 with the wars. The various stone figures on the premise such as the "Gaman no Oni", which used to be at the former Todo family's Somei residence, are



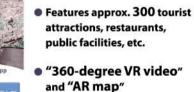


ITA-マニア





Android



<Main Features>

AR (augmented reality) technologies Make your own sightseei route automatically with

"Travel Concierge"

using VR (virtual reality) and

## Itabashi Tourism Center

"Itabashi Tourism Center" is the information hub that

consolidates various tourist informations of Itabashi to

promote locally and globally. Information on sightseeing resources as well as local souvenirs and panel displays are available here. In addition, we have "Motenashitai", a tourism volunteer group whose members accompany you and guide you through the tourist courses free of charge. Feel free to ask for them!