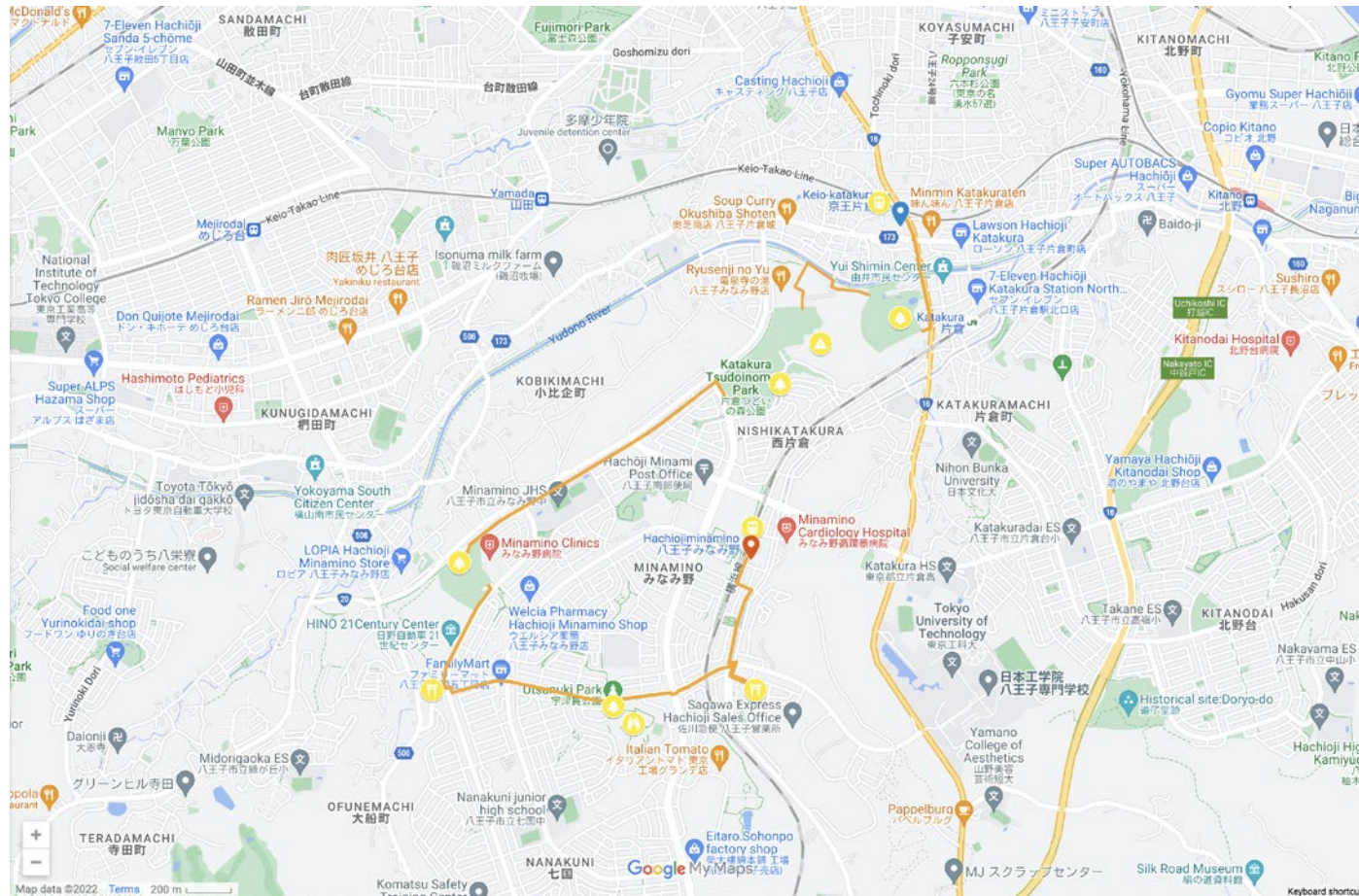


Hachioji City

# A course get familiar with the new townscapes, as well as history and nature - Katakura Tsudoi-no-Mori Park course

Highlight | **Tochiyato Park**



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## Route Description

- 📍 Keio-katakura Sta.
- ▼
- 🌟 Katakurajoseki Park
- ▼
- 🌟 Katakura-Tsudoi no Mori Park
- ▼
- 🌟 Tochiyato Park
- ▼
- 🏯 Kasuga Jinja Shrine
- ▼
- 🌟 Utsunuki Park
- ▼
- 🏯 Kumano Jinja Shrine
- ▼
- 📍 Hachiojiminamino Sta.

## To enjoy walking safely

### Let's do some warm-up exercises

Walking without first getting ready can lead to injuries. Be diligent in doing warm-up exercises. It is also important to do cool-down exercises after you have finished walking.



## Recommended Site

Icons: 🏯 Shrines and Temples 🌳 Park 🏠 Other

### Tochiyato Park



Selected as one of the 100 views of Mt. Fuji spots in the Kanto region. Mt. Fuji is magnificent when viewed from the observatory in the park grounds. It is also possible to see "Diamond Fuji" views when the sun aligns with its peak on given days in winter.

### Katakurajoseki Park



You can see 19 sculptures built into the landscape along with rich greenery and fountains.

🕒 Time allowed	around <b>70</b> minutes
📏 Distance	around <b>4.9</b> km
🍽️ Calorie consumption	around <b>210</b> kcal
👣 Number of steps	around <b>7000</b> steps

\* These are estimates given for a person, weight 60kg, moving at 4km per hour, walking 10 min.=30kcal, one step=70cm.

Tokyo Metropolitan Government Health Promoting character **KENKOUDESUKA-MAN**

