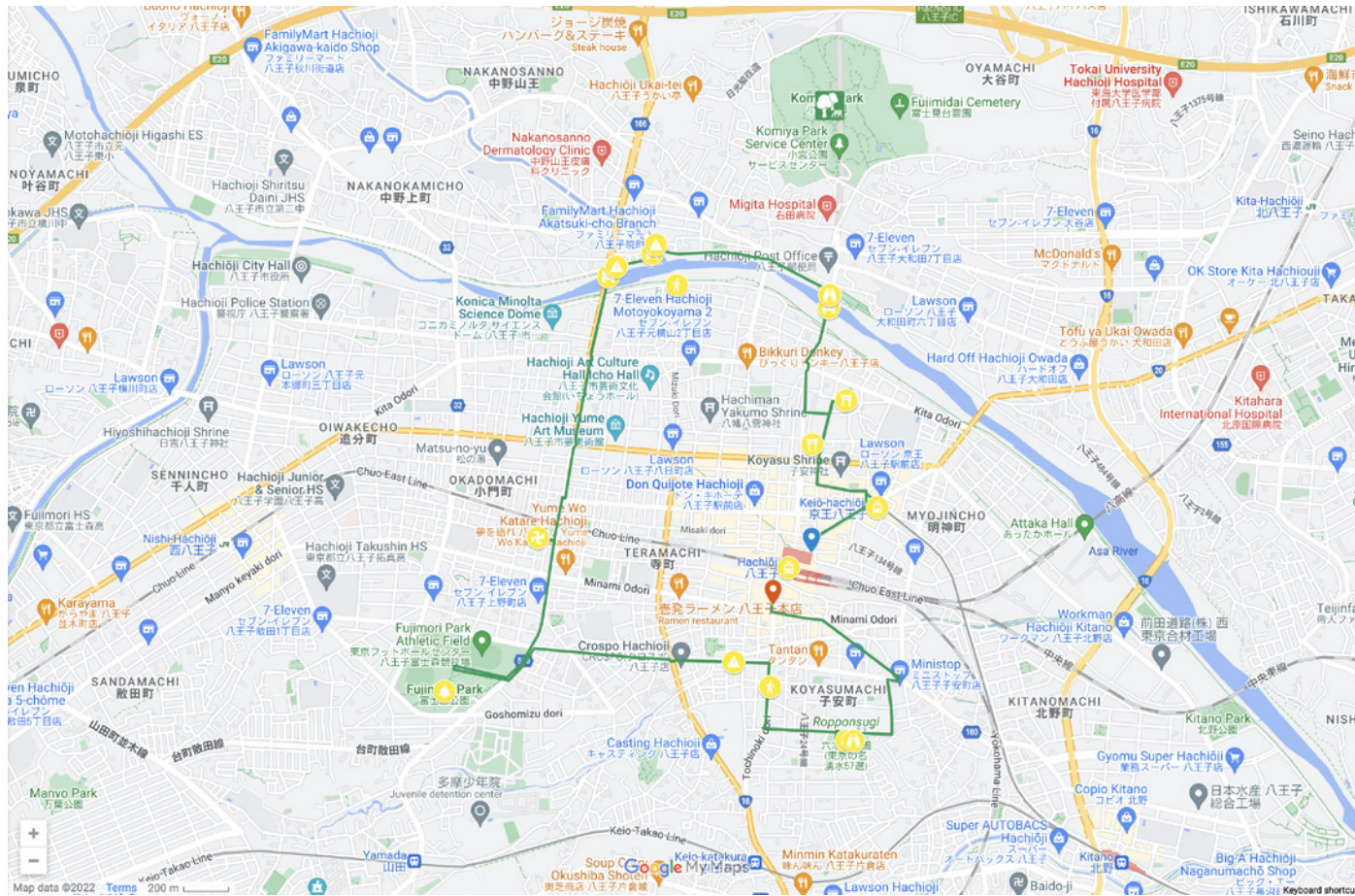


Hachioji City

A course to walk through the 100 selected views and 88 beauty spots around Hachioji Sta.

Highlight | Fujimori Park



©Google

Route Description

- Hachioji Sta.
- ▼
- Keio Hachioji Sta.
- ▼
- Ichimori Jinja Shrine
- ▼
- Eifuku-Inari Jinja Shrine
- ▼
- Asakawa-ohashi Bridge
- ▼
- Nakano-bashi Bridge
- ▼
- Asakawa-bashi Bridge
- ▼
- Kongoin Temple
- ▼
- Fujimori Park
- ▼
- Tochinoki-Dori (Ave.)
- ▼
- Ropponsugi Park
- ▼
- Hachioji Sta.

To enjoy walking safely

Let's do some warm-up exercises

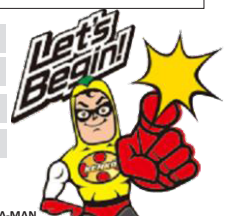
Walking without first getting ready can lead to injuries. Be diligent in doing warm-up exercises.

It is also important to do cool-down exercises after you have finished walking.

Time allowed	around 120 minutes
Distance	around 7.7 km
Calorie consumption	around 360 kcal
Number of steps	around 11000 steps

* These are estimates given for a person, weight 60kg, moving at 4km per hour, walking 10 min. =30kcal, one step=70cm.

Tokyo Metropolitan Government Health Promoting character **KENKOUDESUKA-MAN**



Recommended Site

Icons: Shrines and Temples Park Other

Otori-sama



Torinoichi festival held in the Ichimori Shrine annually on Tori no hi (the days of the cock) in November.

Fujimori Park



A picturesque place for cherry blossom views. There is a large turnout when they are in full bloom and the area bustles with cherry blossom viewers.