

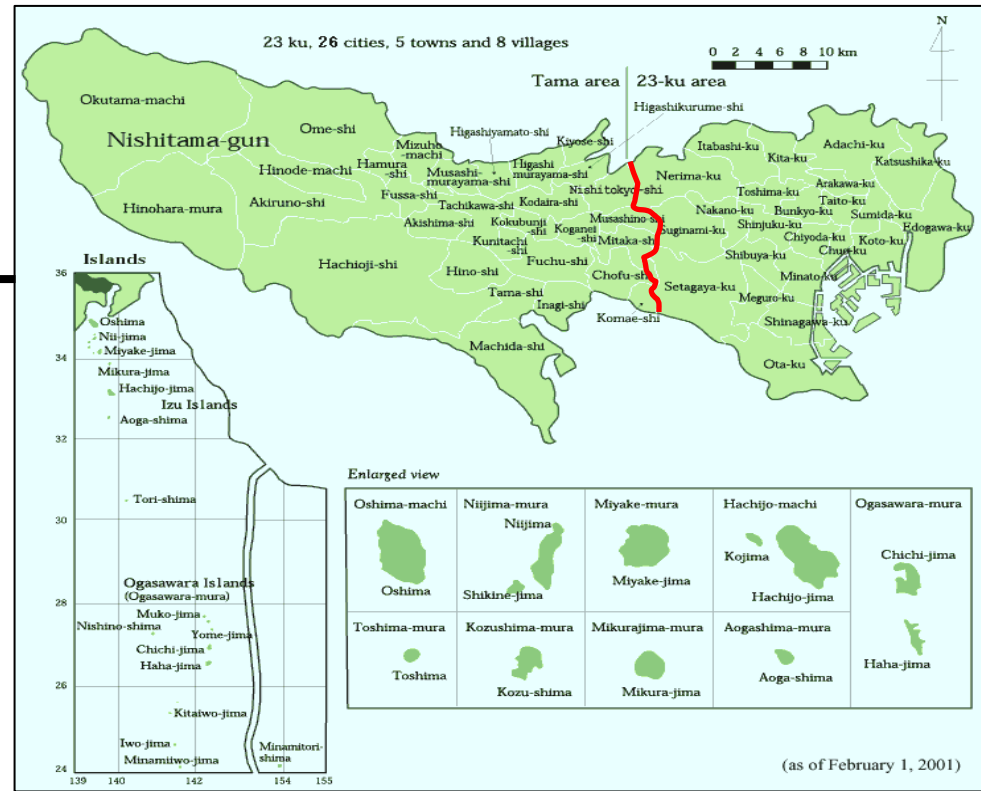
# Mosquito-borne diseases in Tokyo



**Tokyo's measures to control  
disease-carrying mosquitoes**

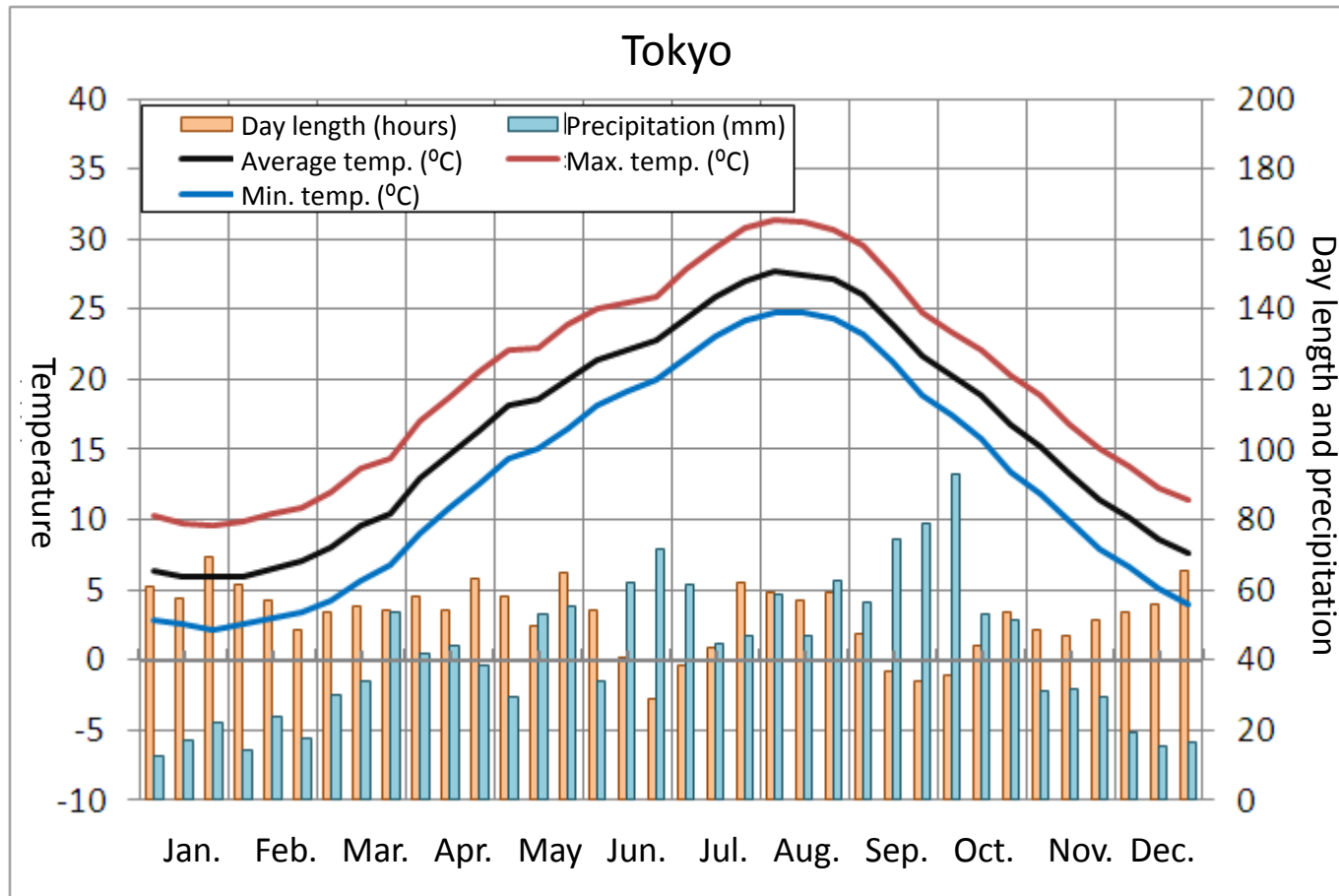
Be safe and secure  
without mosquitoes!

# Tokyo overview



Year	Population As of October 1, 2015				Population density (n/km <sup>2</sup> )	Population change rate 2010-2015 (%)	Foreign population
	Total	< 14 y of age (%)	15-64 y of age (%)	≥ 65 y of age (%)			
2015	13,515,271	1,518,130 (11.5)	8,734,155 (65.9)	3,005,516 (22.7)	6168.7	2.7	378,564

# Climate of Tokyo



Source: Tokyo District Meteorological Observatory's web site

# Mosquito species that transmit infectious diseases



*Aedes albopictus*



*Culex pipiens*



*Culex tritaeniorhynchus*

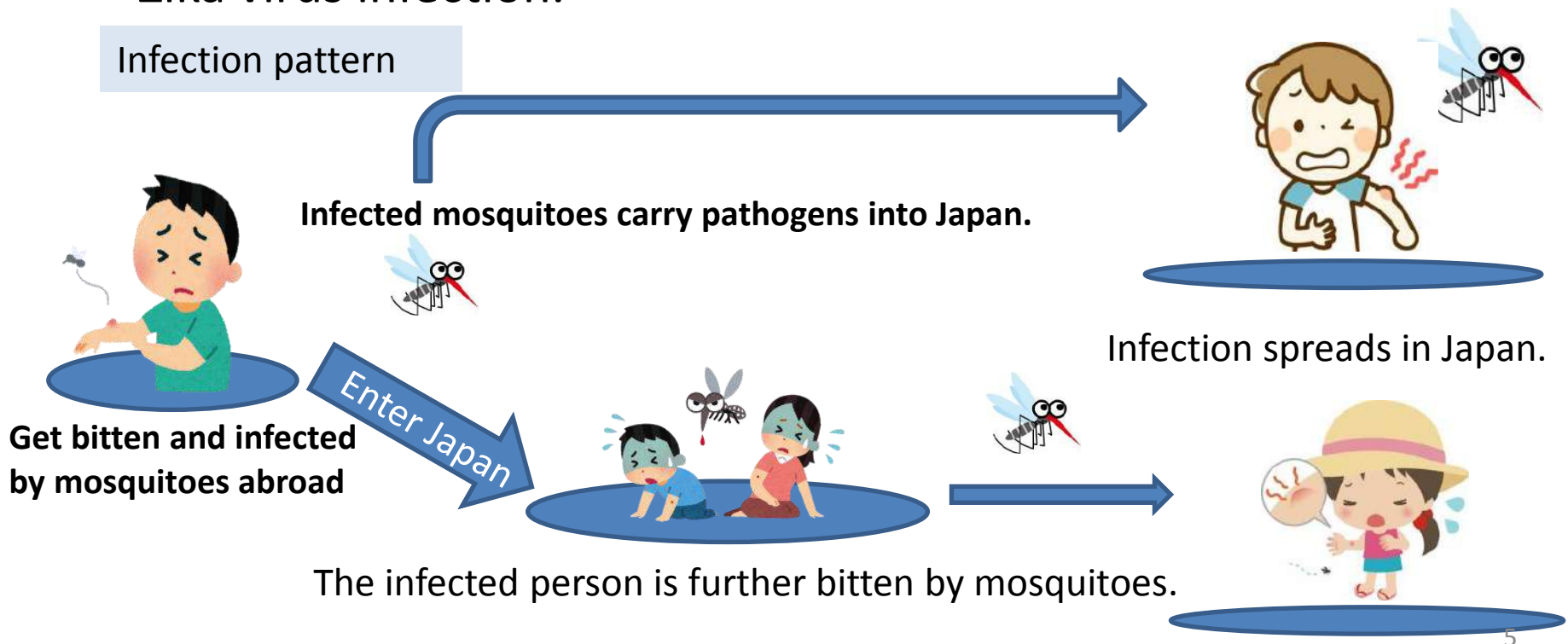
	West Nile fever	Dengue fever	Chikungunya fever	Malaria	Zika fever	Japanese encephalitis
<i>Aedes albopictus</i>	●	●	●		●	
<i>Culex pipiens</i> <i>C. pipiens molestus</i>	●					
<i>Anopheles</i>	●			●		
<i>C. tritaeniorhynchus</i>	●					●
<i>Aedes aegypti</i> *	●	●	●		●	

\* does not inhabit Japan.

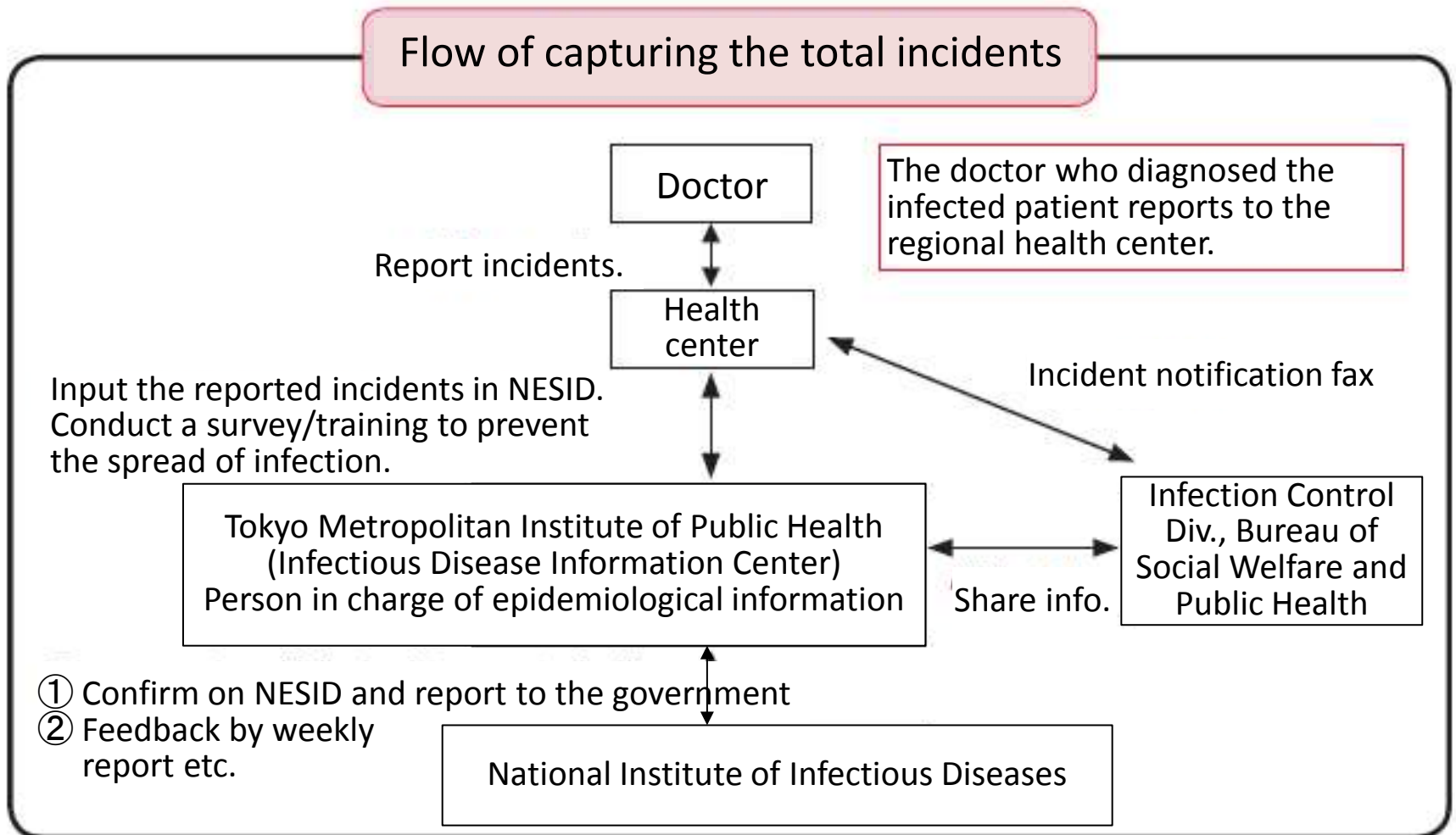
Source: "Survey on mosquitoes in relation to dengue fever"  
by Environmental Information Division

# Concern over epidemics of mosquito-borne diseases

- As advances in transportation have allowed infectious pathogens to enter Japan from epidemic areas using people and goods as vehicles, concerns are growing over epidemics of diseases carried by mosquitoes, such as dengue fever and Zika virus infection.



# Flow of reporting mosquito-borne diseases



# Mosquito-borne disease incidents in Tokyo

Disease	2013	2014	2015	2016	2017
West Nile fever	0	0	0	0	0
Yellow fever	0	0	0	0	0
<b>Zika virus infection</b>	×	×	×	3	0
Western equine encephalitis	0	0	0	0	0
<b>Chikungunya fever</b>	4	5	7	4	3
<b>Dengue fever</b>	66	163*	92	90	65
Eastern equine encephalitis	0	0	0	0	0
Japanese encephalitis	0	0	0	0	0
Venezuelan equine encephalitis	0	0	0	0	0
Hendra virus infection	0	0	0	0	0
<b>Malaria</b>	12	27	16	18	27
Tularemia	0	0	0	0	0

\* Including domestically acquired infection

# In 2014, a dengue fever outbreak occurred in Tokyo



Two new cases found, probably infected in Yoyogi Park. Mosquito extermination is under way.

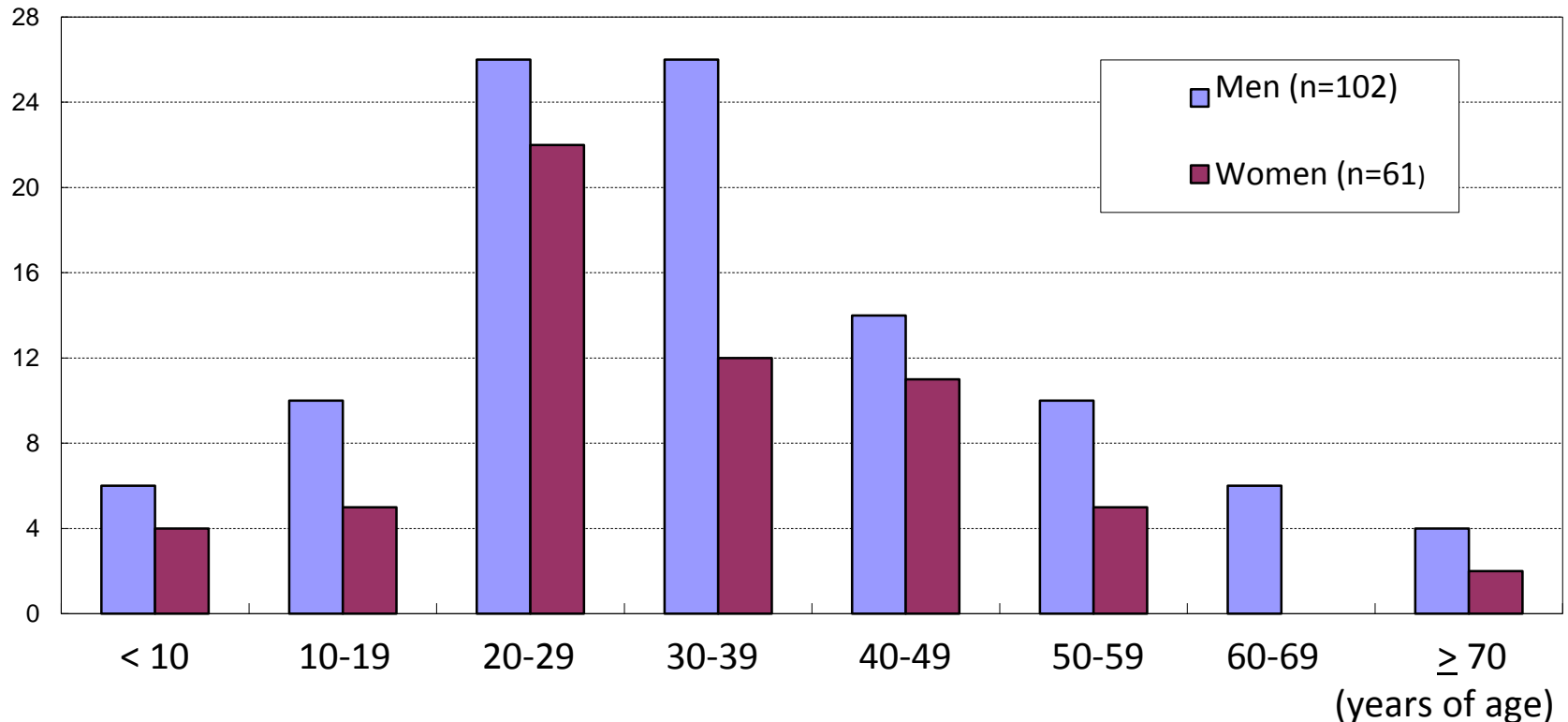
きのう

Yesterday, for the first time in about 70 years in Japan, a teenage girl resident in Saitama was confirmed to be infected with dengue fever.

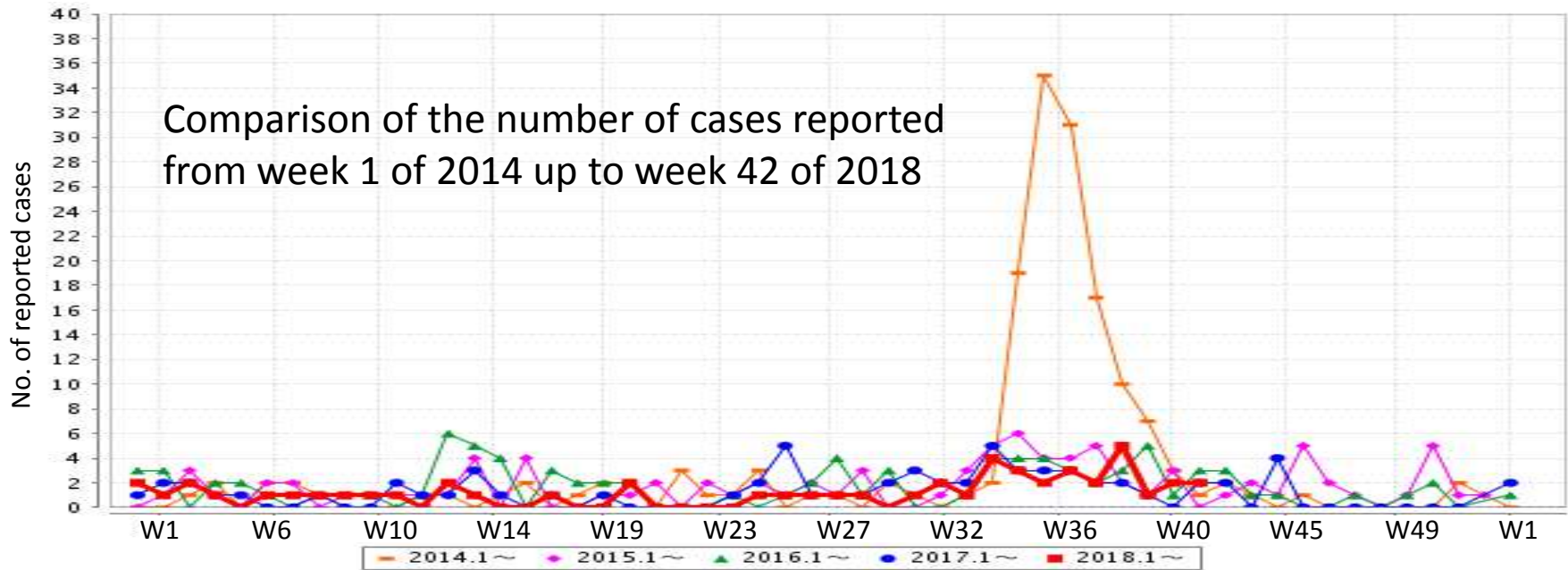


# Number of reported dengue fever cases (n=163) by sex and age in 2014

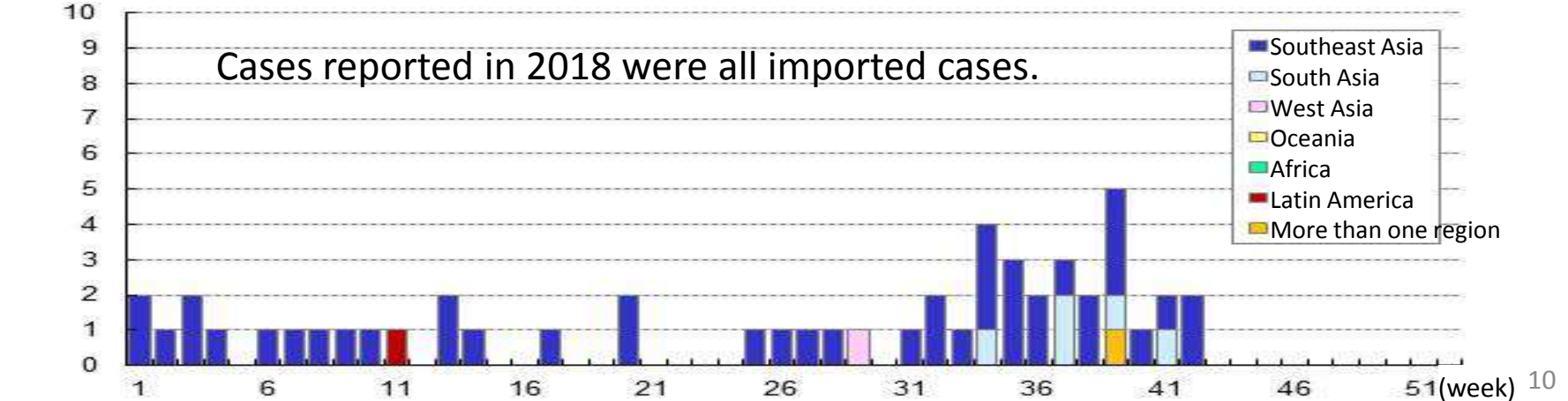
(No. of cases)



# Number of reported dengue fever cases and estimated infected areas

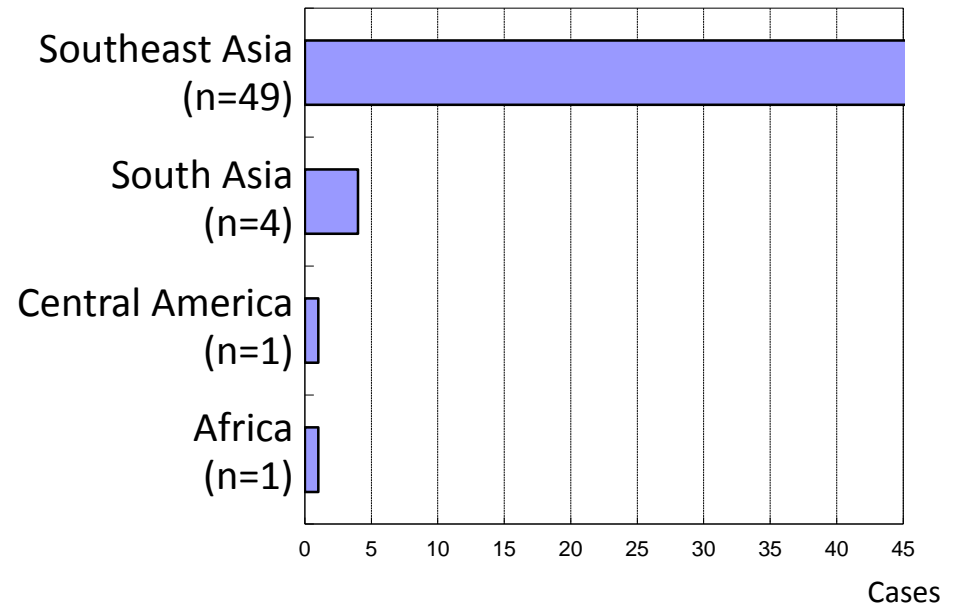


Number of reports per week per estimated infectious area from W1 to W42 (up to Oct. 21) in 2018



# Detailed account of the areas estimated to be infected with dengue fever in 2017 (n=55)

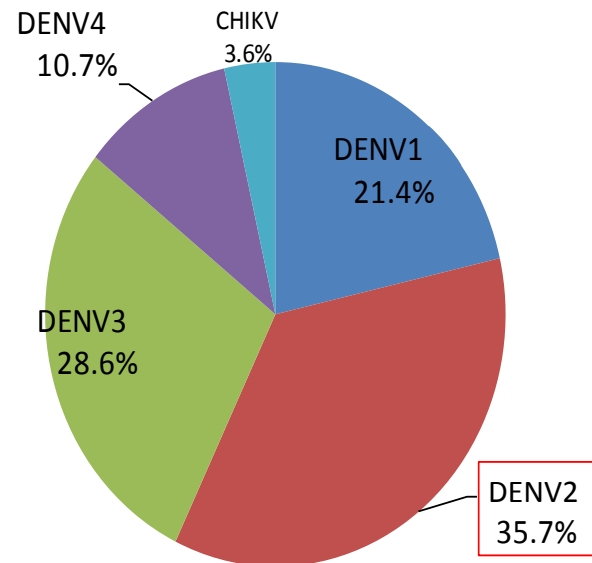
Country	No. of cases
Indonesia	18
Thailand	10
Malaysia	7
Philippines	5
India	2
Singapore	2
Malaysia/Singapore	2
Myanmar	2
Cuba/Mexico	1
Sri Lanka	1
Thailand/Indonesia	1
Tanzania	1
Maldives	1
East Timor	1
French Polynesia	1



# Serotyping of samples from patients with mosquito-borne diseases

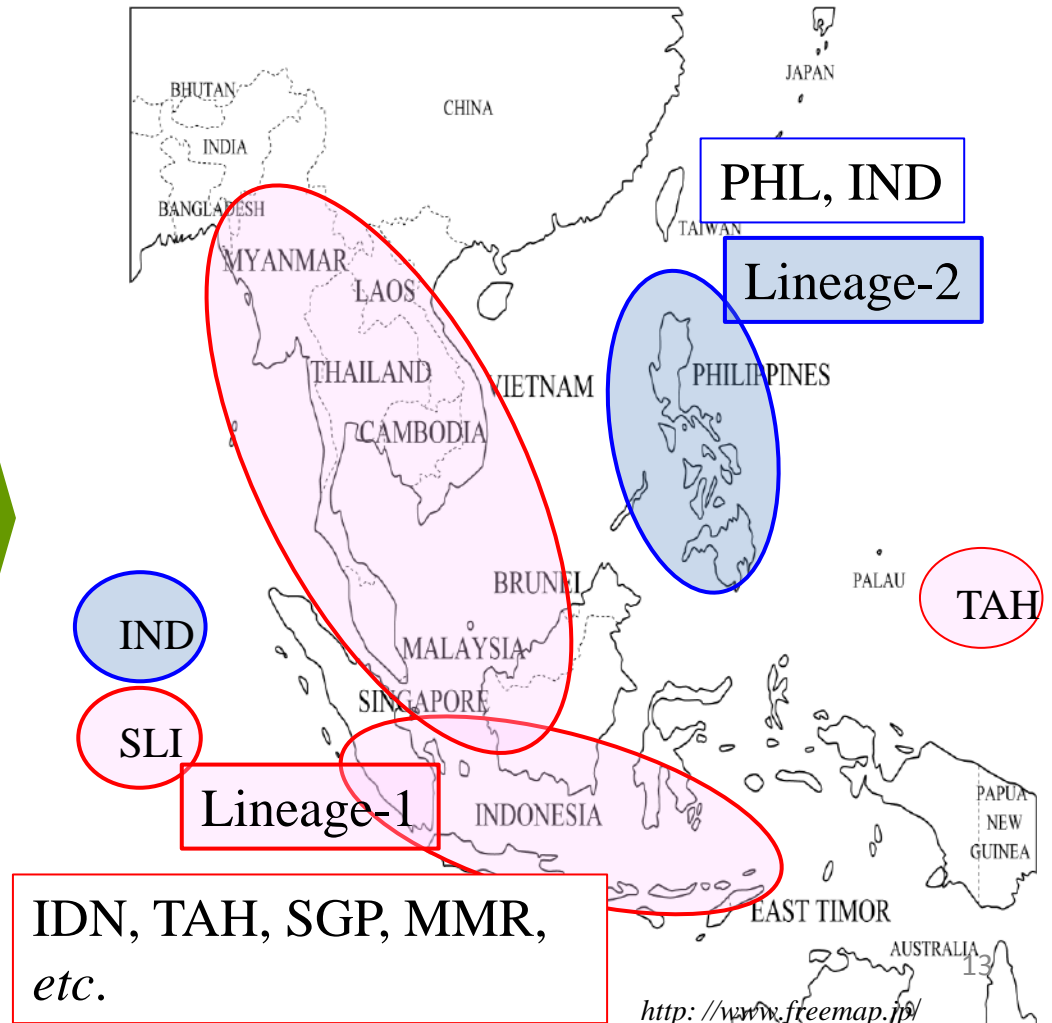
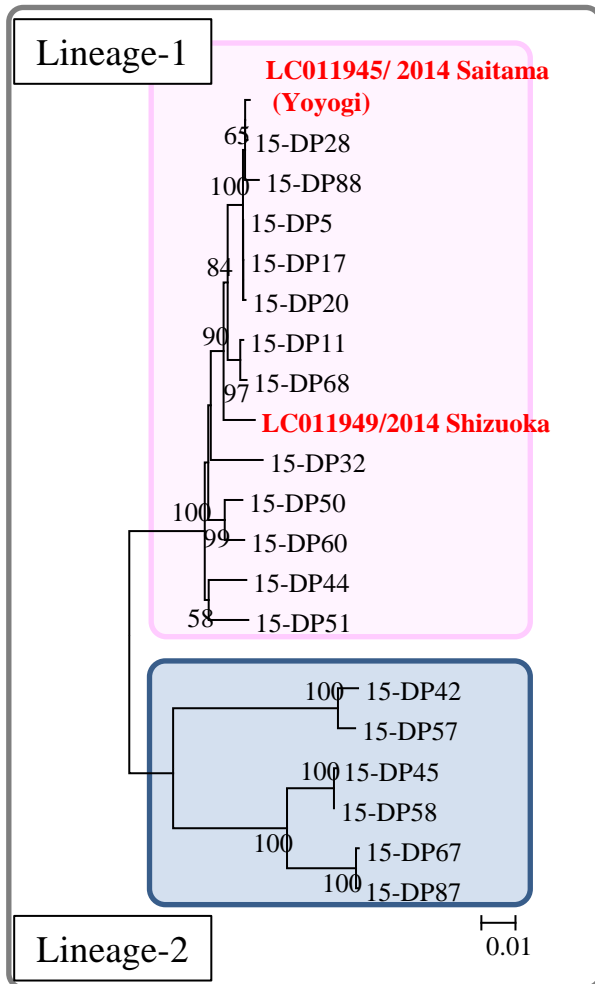
- Samples from 199 patients received from April to the end of December in 2017 were tested for viruses responsible for mosquito-borne diseases.
- 27 cases, which comprised about 23% of the total cases, were found positive for DENV, none of which were domestically acquired.
- A patient who returned from India was tested positive for chikungunya virus in the sample.
- The most frequent serotype was dengue type 2 (DENV2, 35.7% of the total).
- The full length of the DENV region (about 1.5 kb) was analyzed and compiled into a database.

Virus serotype	No. of cases
Total	28
DENV1	6
DENV2	10
DENV3	8
DENV4	3
CHIKV	1

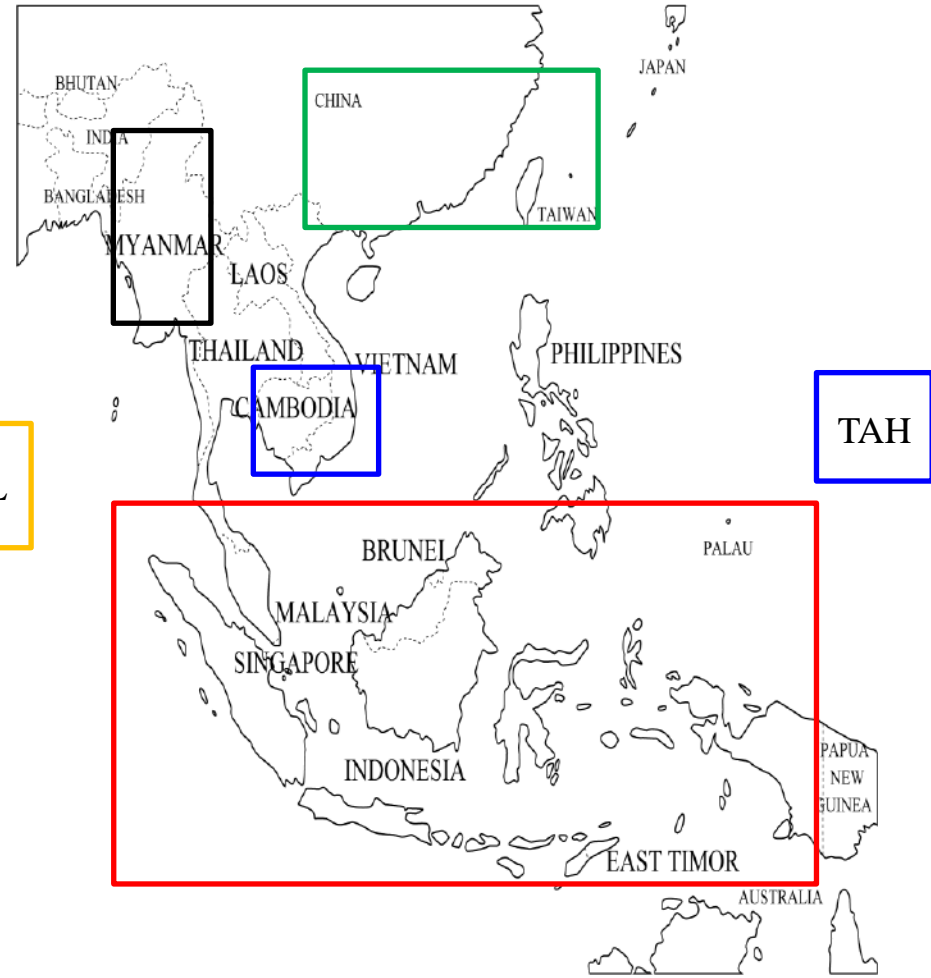


# Gene analysis of samples from patients with mosquito-borne diseases

- None of the detected DENV1 strains had a base sequence that 100% matched that of Yoyogi strain.
- In the molecular phylogenetic tree, the DENV1 strains were divided into 2 lineages (Lineage-1 and -2).
- A relationship was found between the estimated infected areas and each lineage; PHL/IND-derived strains belonged to Lineage-2, and strains derived from other regions to Lineage-1.



# Phylogenetic tree analysis of dengue viruses derived from imported cases



Indonesia  
 Malaysia  
 Singapore  
 Thailand  
 Philippines  
 2005-2017

SRL

Vietnam  
 Cambodia  
 Tahiti  
 2007-2017

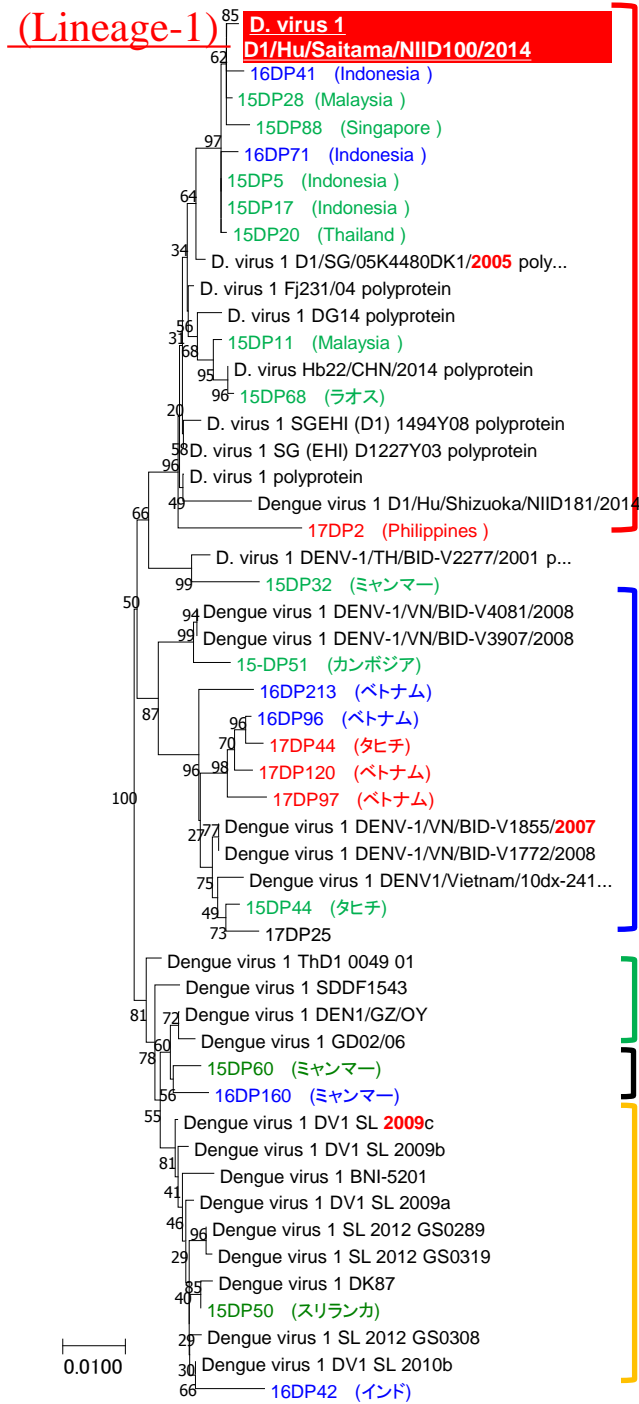
China Taiwan  
 2006

Myanmar

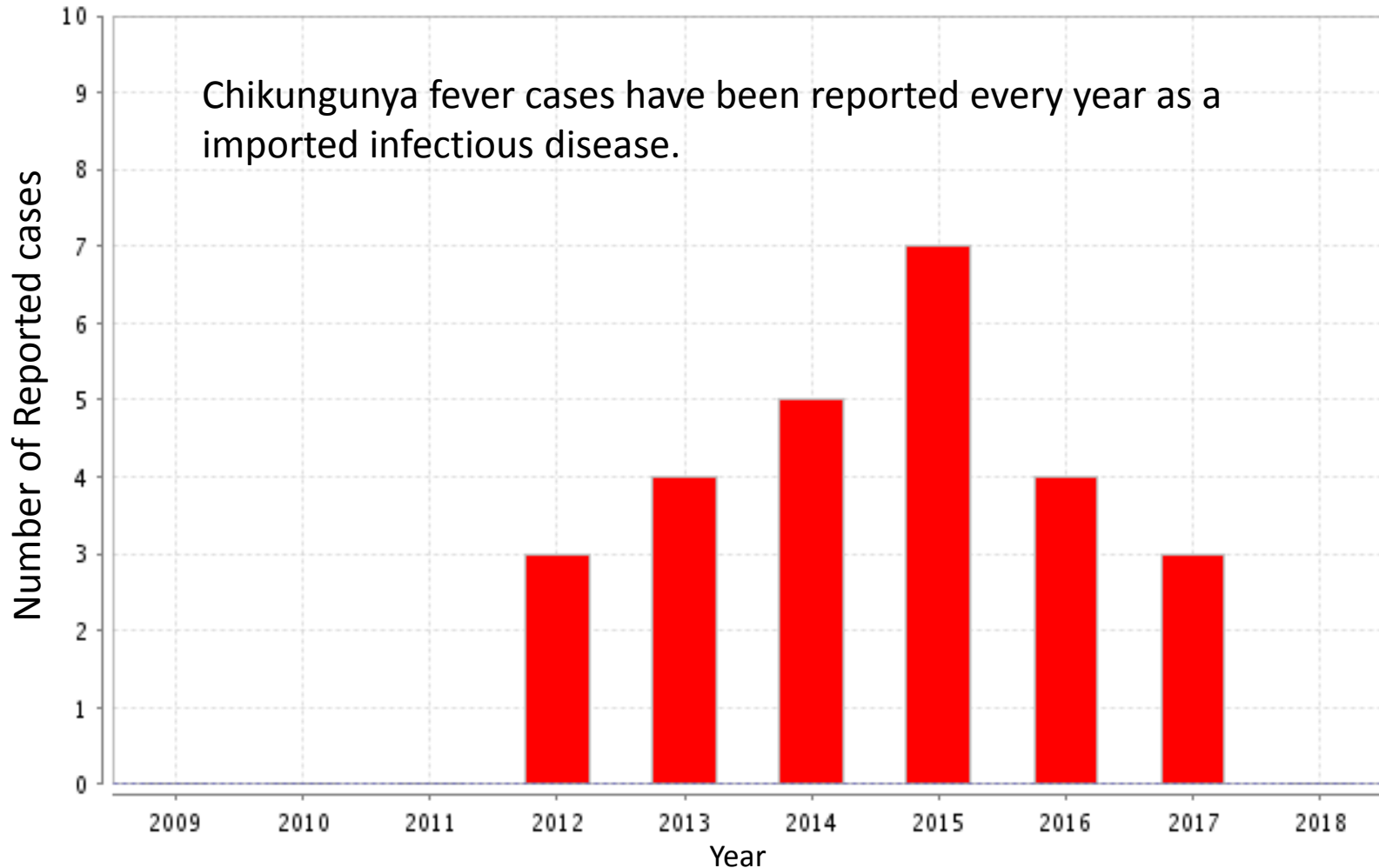
Sri Lanka  
 2009-2016

- FY2015 imported cases
- FY2016 imported cases
- FY2017 imported cases

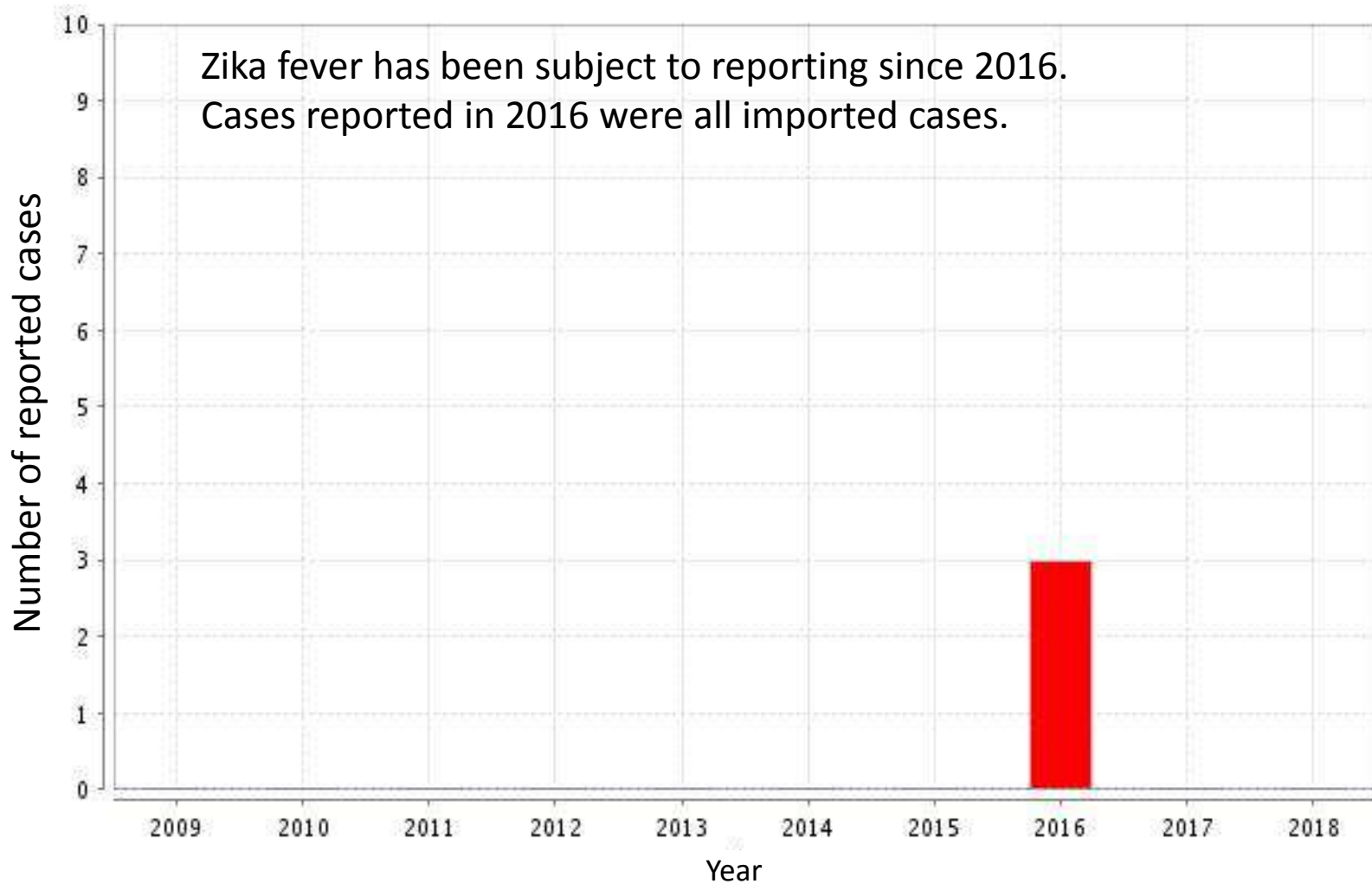
- Dengue virus genotypes are deeply related to regions; viruses endemic to particular regions have been epidemic for nearly a decade.
- Among the types that have been epidemic since 2005 over a wide range of regions, including Indonesia, Malaysia, Singapore, Thailand and Philippines, was the strain that became epidemic in Tokyo in 2014, indicating that the virus came from these regions.



# Number of chikungunya fever cases reported from 2012 to 2018 (up to Week 42)



# Number of Zika fever cases reported from 2012 to 2018 (up to Week 42)





# Tokyo Mosquito-borne Disease Control Measures Conference

- The conference is intended to hear opinions of experts on how to promote measures against mosquito-borne diseases in Tokyo.
- It consists of healthcare professionals and experts of mosquito-borne diseases and delegates from relevant administrative agencies.
- Established in September 2014, the conference investigated incidents of domestically acquired dengue fever in Tokyo in December of the same year, and laid out measures that requires joint forces from the Metropolitan Government, municipalities, related organizations such as health centers, medical institutions and private businesses, as well as from the citizen of Tokyo

# Tokyo's action plan for implementing mosquito-borne disease control measures

Issued 2014  
Revised 2016

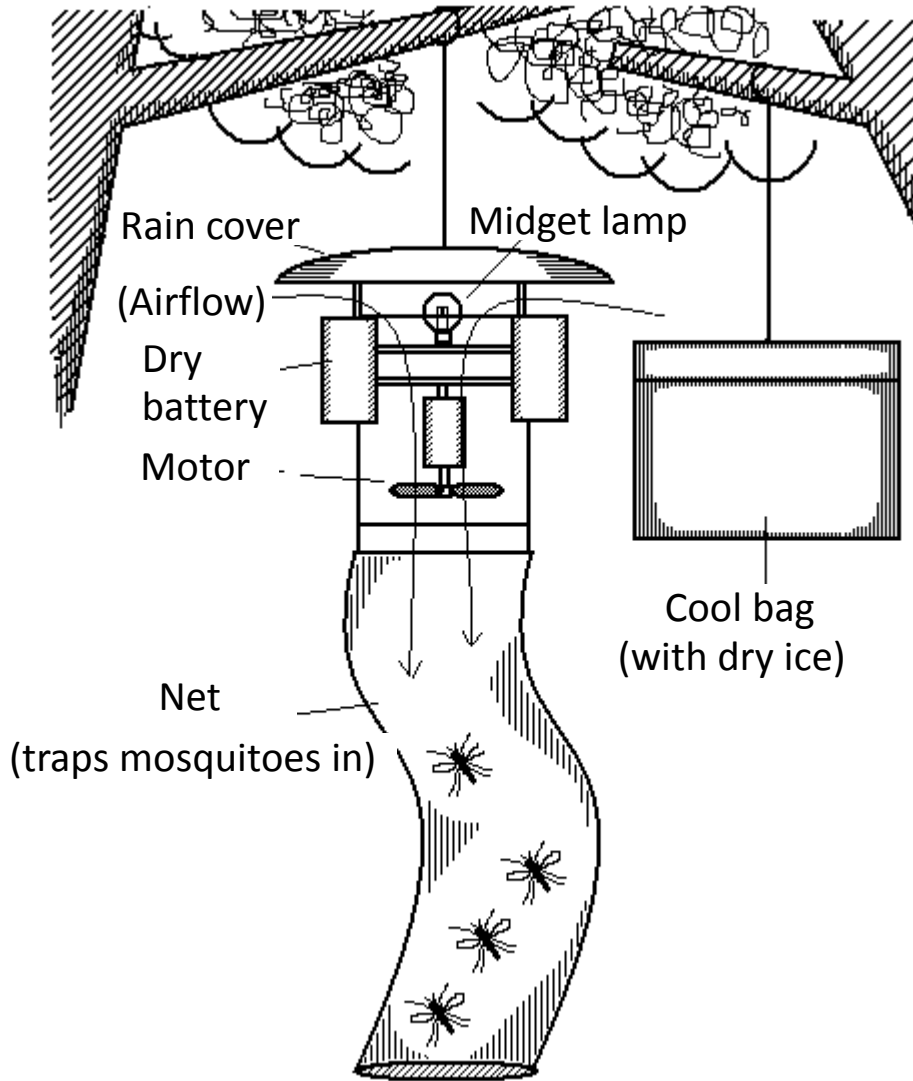
- Basic policies of mosquito-borne disease control measures
  - Implement measures according to the stage of incidents.
  - If the risk is rated high based on a risk assessment, implement measures thoroughly.

Incident stage	Definition	Policies of measures
No patients emerge	No domestically acquired infection cases are found excluding cases imported from abroad.	Reduce the risk of mosquito-borne disease incidents by hindering mosquitoes from emerging as much as possible through government-private partnerships and improve the healthcare system for early detection of emerging patients.
Patients start emerging	An incident of domestically acquired infection occurs in Tokyo.	Call for attention and promptly implement mosquito control measures in the region where incidents are occurring and control the expansion of infection and transmission.
Outbreak	Transmission persists in multiple regions with patients emerging in great numbers.	Provide proper medical care to severe cases.

# Mosquito surveillance

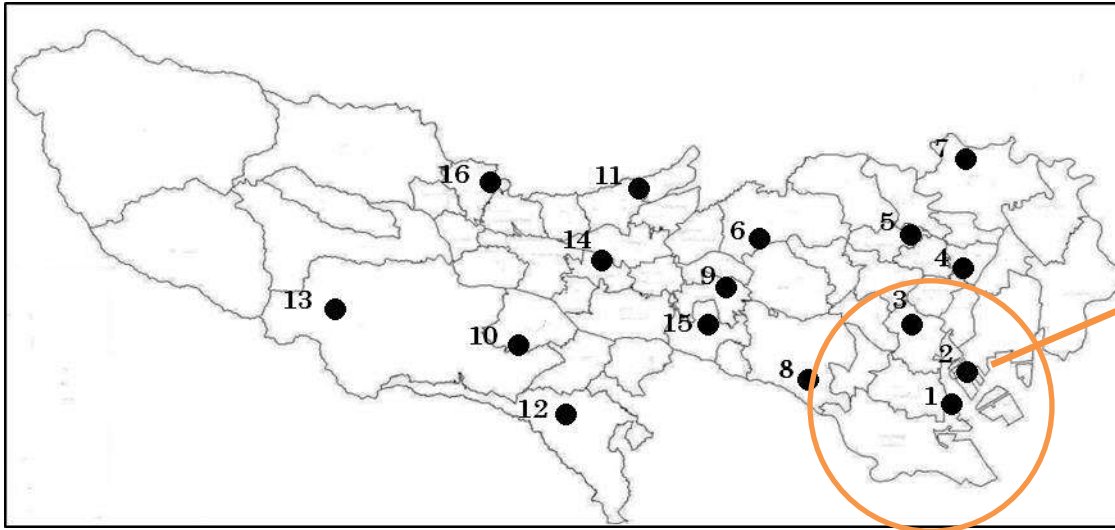
Name	Wide-area surveillance	Focused surveillance
Year of initiation	2004	2015
Objective	Intensify the monitoring of new infectious diseases that can emerge in Tokyo with increasing temperature due to global warming	In response to the incident of dengue fever patients emerging in Japan, intensify the monitoring of mosquitoes that can transmit dengue fever and chikungunya in addition to the conventional measures for controlling mosquito-borne diseases.
Sites of operation	16 parks, cemeteries, etc. (16 sites)	9 Urban parks (50 sites)
Target of collection	Adult mosquitoes	<i>Aedes albopictus</i>
Time of operation	June to October	April to November
Method of operation	Use light traps with dry ice.	<ul style="list-style-type: none"> <li>- Adults: caught by light trap with dry ice from May to October and by human bait method in April and November</li> <li>- Larvae: caught in Parks' discharge basins etc. in April through November</li> </ul>
Criteria for selecting the sites of surveillance	Multiple institutions conduct surveillance independently of each other. To avoid redundancy as well as eliminate regional biases and make surveillance more effective, sites were selected in equal number from the special wards and Tama district.	<ul style="list-style-type: none"> <li>- Human-related conditions Numbers of visitors and events, frequency of foreigners' visits, long hours of stay</li> <li>- Environmental conditions Bushes and shrubbery Untended environment Frequent complaints about mosquitoes</li> </ul>

# Method of catching mosquitoes (trap)

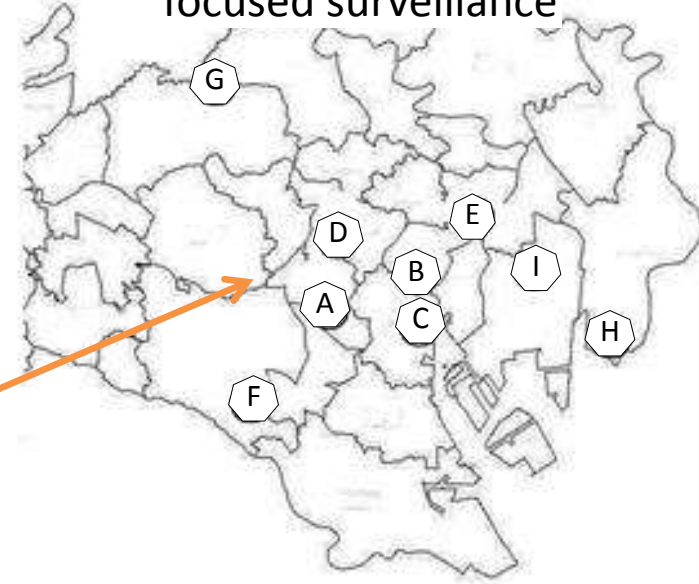


# Early detection of disease-carrying mosquito incidents

Facilities for wide-area surveillance



Facilities for focused surveillance



	Facility name		Facility name
1	Oi Central Seaside Park	9	Inokashira Park
2	Odaiba Marine Park	10	Tama Zoological Park
3	Aoyama Cemetery	11	Sayama Park
4	Yanaka Cemetery	12	Oyamada Green Area
5	Somei Cemetery	13	Hachioji Cemetery
6	Shakujii Park	14	Medical Botanical Garden
7	Toneri Park	15	Jindai Botanical Park
8	Kinuta Park	16	Mizuho Nogei High School

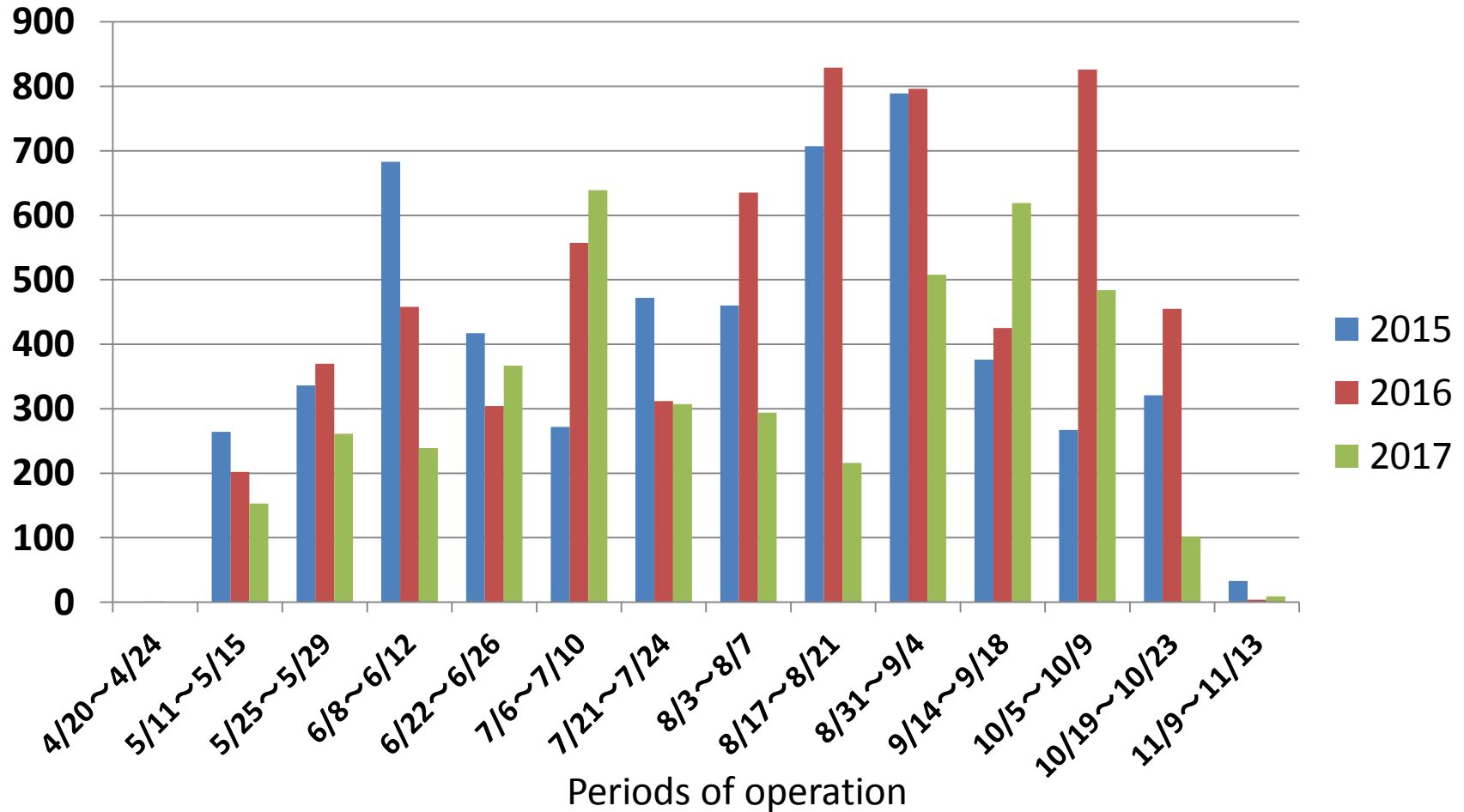
	Facility name
A	Yoyogi Park (Districts A and B)
B	Hibiya Park
C	Hamarikyu Gardens
D	Toyama Park
E	Ueno Park
F	Komazawa Olympic Park
G	Hikarigaoka Park
H	Sarue Onshi Park
I	Kasai Rinkai Park

# Tests items

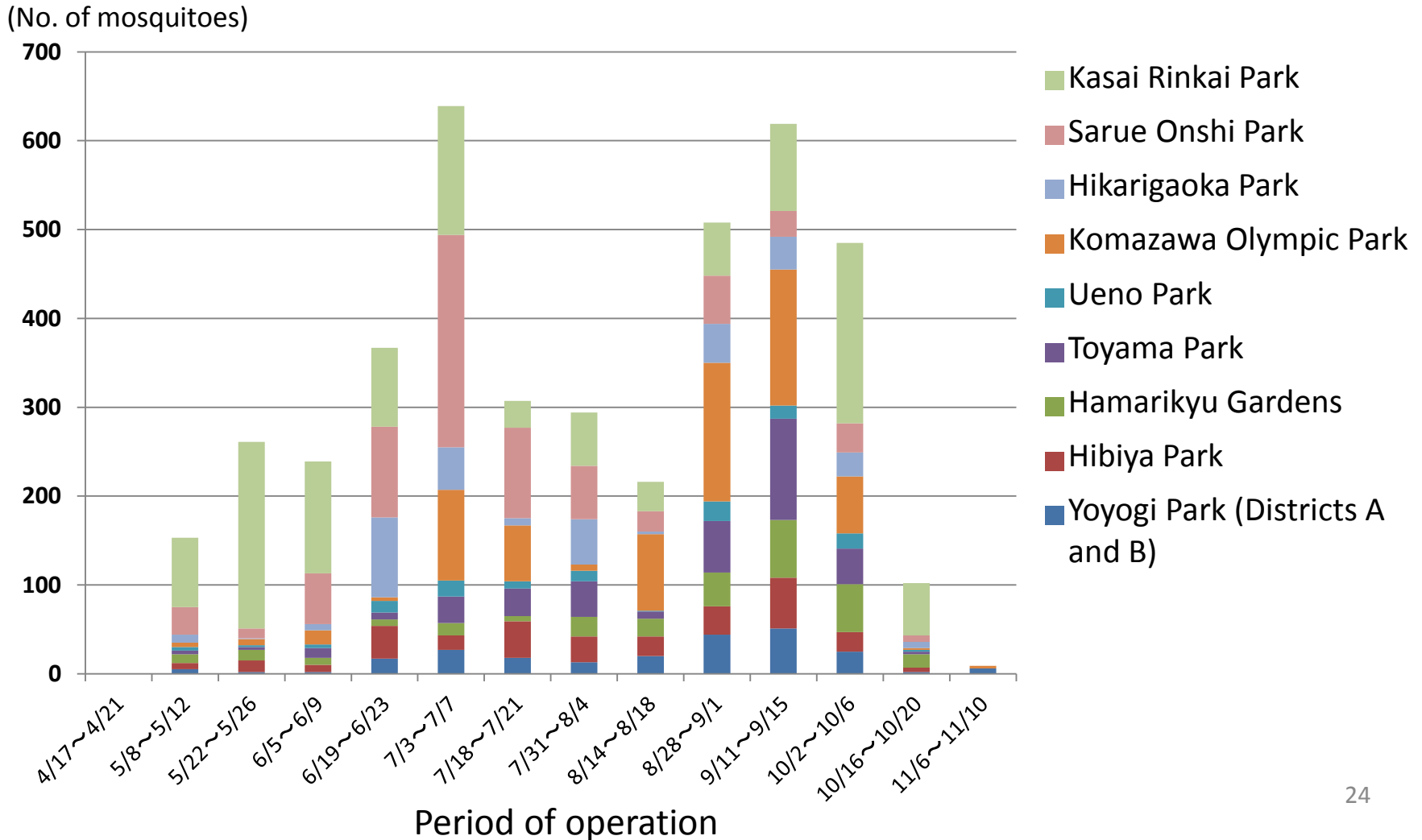
	Wide-area surveillance	Focused surveillance
Tests items	<ul style="list-style-type: none"> <li>- Virus-carrying mosquito monitoring</li> </ul>	<ul style="list-style-type: none"> <li>- Monitoring of virus-carrying mosquitoes</li> <li>- Survey of mosquito incident-densities</li> <li>- Survey of mosquito larvae incidents</li> </ul>
Test pathogens	Dengue virus Chikungunya virus Zika virus West Nile virus Plasmodium falciparum	Dengue virus Chikungunya virus Zika virus

# Number of mosquitoes collected in focused surveillance (2015-2017)

(No. of mosquitoes)

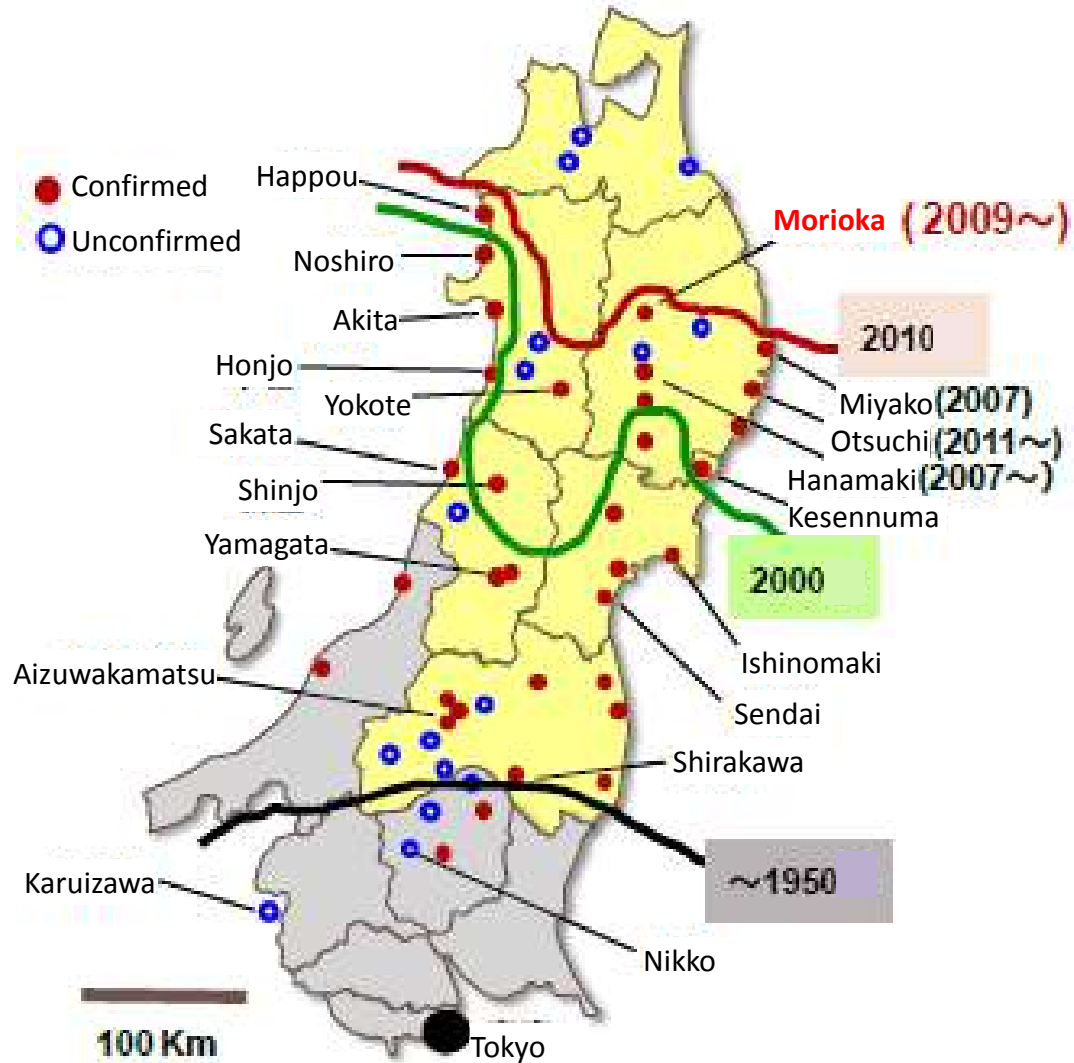


# Number of mosquitoes collected per park in focused surveillance in 2017

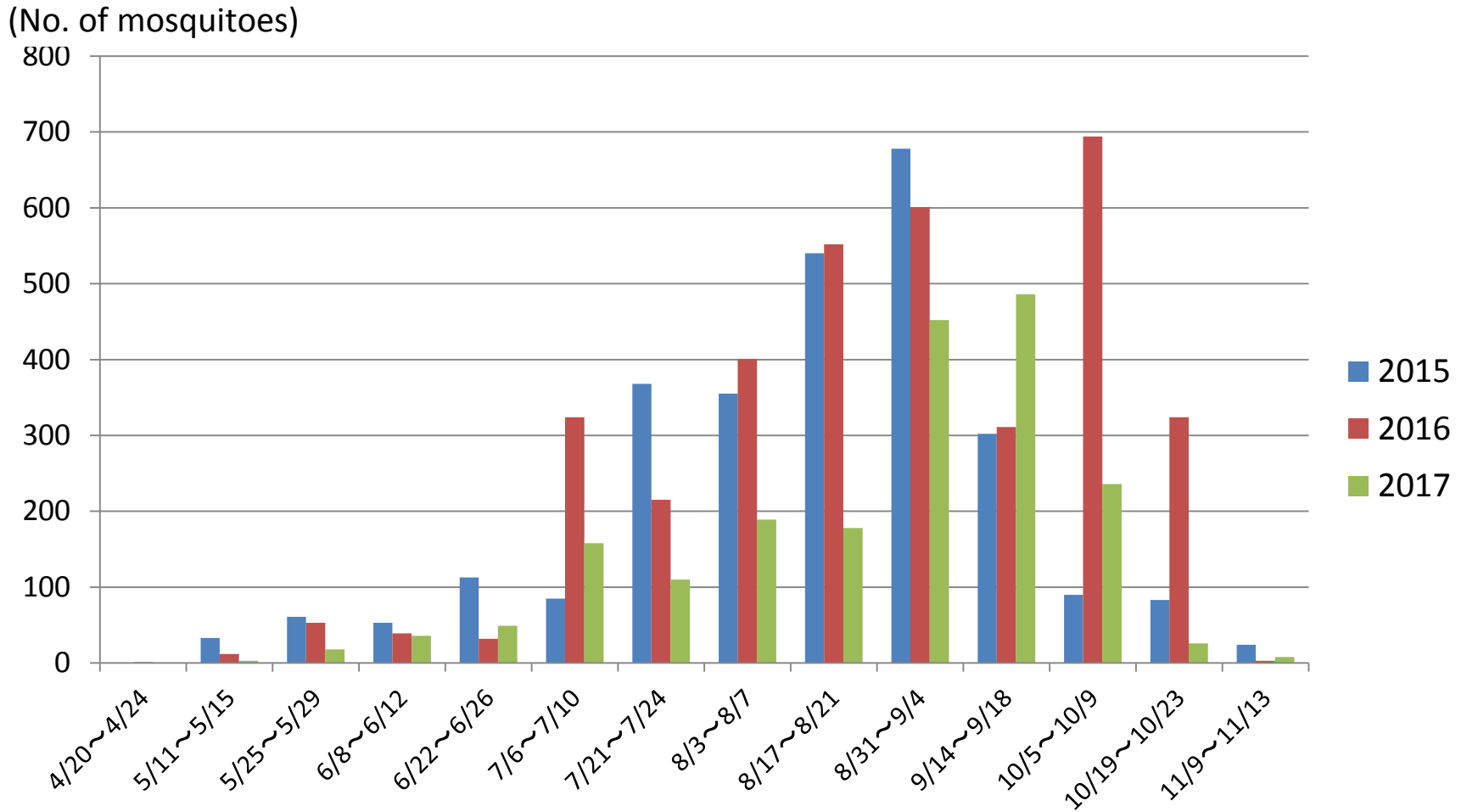




# Distribution of *Aedes albopicti* in Japan



# Number of *Culex fasciatus* mosquitoes collected in 2015-2017



# Detection of viruses from mosquitoes

The numbers of samples were:

FY2015

7816 adults and 9128 larvae,

FY2016

11161 adults and 3429 larvae, and

FY2017

7383 adults and 1629 larvae.

**No mosquito-borne infectious viruses including dengue virus were detected** by genetic testing in samples from either adults or larvae.



# Viruses (cases) detected by wide-area surveillance in 2017

	West Nile	Dengue	Chikungunya	Zika	Malaria
2017/6/12-6/16	0	0	0	0	0
6/26-6/30	0	0	0	0	0
7/10-7/14	0	0	0	0	0
7/24-7/28	0	0	0	0	0
8/7-8/10	0	0	0	0	0
8/21-8/25	0	0	0	0	0
9/4-9/8	0	0	0	0	0
9/25-9/29	0	0	0	0	0
10/10-10/13	0	0	0	0	0
10/23-10/27	0	0	0	0	0

# Viruses detected in the past 3 years

	2015 (No. of positive/total sites)					2016 (No. of positive/total sites)					2017 (No. of positive/total sites)				
	WNV	DNV	CHI KV	ZIKA	P. f	WNV	DN V	CHI KV	ZIKA	P. f	WN V	DNV	CHIK V	ZIKA	P. f
Wide-area surveillance	0/ 144	0/ 124	0/ 124	×	0/ 0	0/ 153	0/ 125	0/ 125	0/ 125	0/ 1	0/ 148	0/ 111	0/ 111	0/ 111	0/ 0
(No. of mosquitoes collected)	2419					4989					3184				
Focused surveillance Larvae	×	0/ 43	×	×	×	×	0/ 44	0/ 44	0/ 44	×	×	0/ 43	0/ 43	0/ 43	×
(No. of mosquitoes collected)	1796					3429					1629				
Focused surveillance Adults	×	0/ 342	0/ 274	×	×	×	0/ 383	0/ 383	0/ 383	×	×	0/ 302	0/ 302	0/ 302	×
(No. of mosquitoes collected)	5397					6172					4198				

WNV: West Nile virus

DNV: Dengue virus

CHIKV: Chikungunya virus

ZIKA: Zika virus

PF: Plasmodium falciparum

# Feedback of surveillance information on the web site



Google

サイト内検索

[センター紹介](#)

[行事のご案内](#)

[刊行物](#)

[報道発表](#)

[職員募集](#)

[交通案内](#)

[申請窓口案内](#)

[サイトマップ](#)

[Top](#) - [東京都の感染症媒介蚊対策](#)

## 東京都の感染症媒介蚊対策



Tokyo's measures to control disease-carrying mosquitoes

Be safe and secure without mosquitoes!

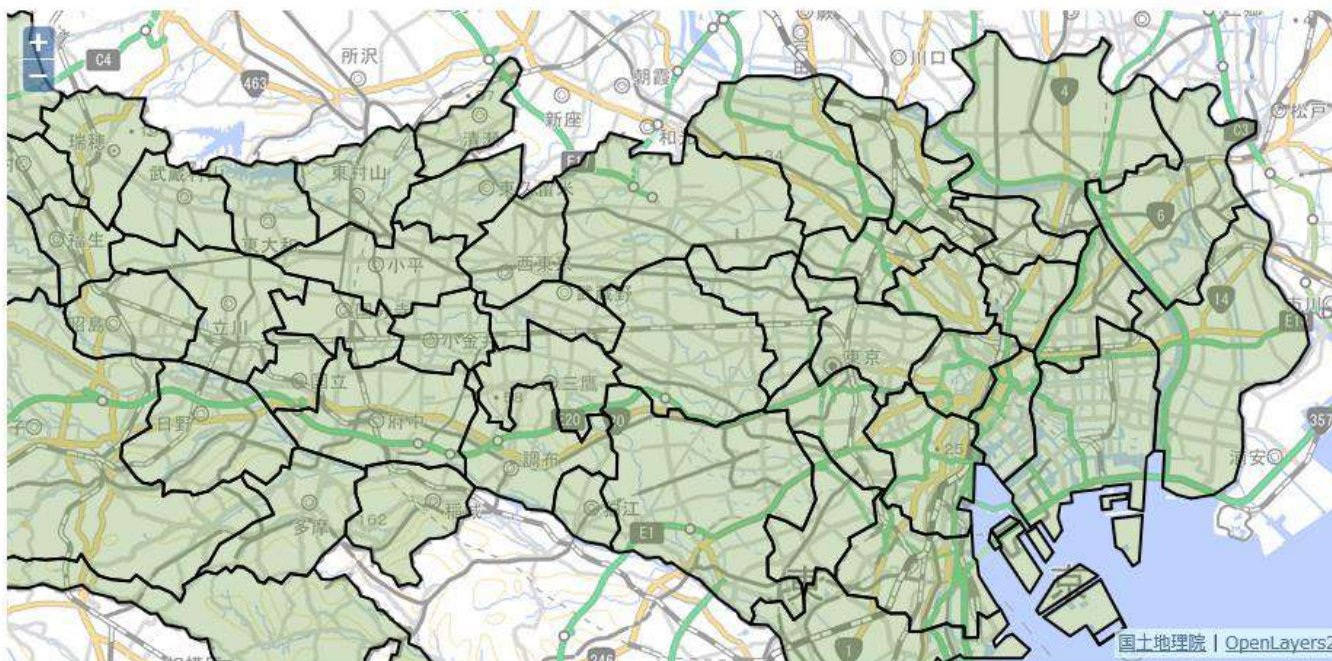
近年、輸送手段の発達等により、感染症流行地域から我が国へ、人や物資等を介した病原体の侵入により、デング熱やジカウイルス感




# high-risk sites are shown on the map

選択	疾患名
<input type="radio"/>	デング熱 (0地点)
<input type="radio"/>	ジカウイルス感染症 (0地点)
<input type="radio"/>	チクングニア熱 (0地点)
<input checked="" type="radio"/>	合計 (0地点)

Select "Disease name," and the high risk sites for the disease will be shown on the map.

なお、「合計」の地点数は実数で記載しているため、各疾患の地点数の合算と合わない場合があります。



Legends			棒グラフ
	Sites rated "high risk" with multiple patients emerging in and around the facility		<input type="button" value="+ 大きく"/> <input type="button" value="- 小さく"/>
	Sites rated "high risk" with virus-carrying mosquitoes identified by a survey conducted by facilities		
	Sites rated "high risk" with multiple patients emerging in and around the facility and virus-carrying mosquitoes identified		

# Tokyo's measures for controlling mosquito-borne diseases

- Be prepared at all levels in peace time, such as acting to prevent mosquito infestation and improving the system for early diagnosis.
- In the event of domestically acquired infection cases, act proactively to stop the disease spreading.



# Mosquito infestation prevention measures

## 幼虫対策「蚊を減らすためのポイント！」

蚊を減らすためには、水中に生息する幼虫（ボウフラ）を退治することが最も有効です（幼虫対策）。ヒトスジシマカは活動範囲が狭く、小さなたまり水からも発生します。よく刺される場所は、周辺に蚊の発生源になるたまり水や成虫の生息場所に適したやぶ等が見つかります。下の絵を参考にして、発生源対策を行い、蚊の発生を防止しましょう。

### 幼虫対策

- たまり水をなくしましょう。
- 不要なものは片付けましょう。
- 週1回は清掃や水の交換等を行いましょう。
- ★ これらの対策は、建物の種類・用途・場所等にかかわらず蚊の発生防止に有効な対策です。

## 成虫対策「蚊に刺されないためのポイント！」

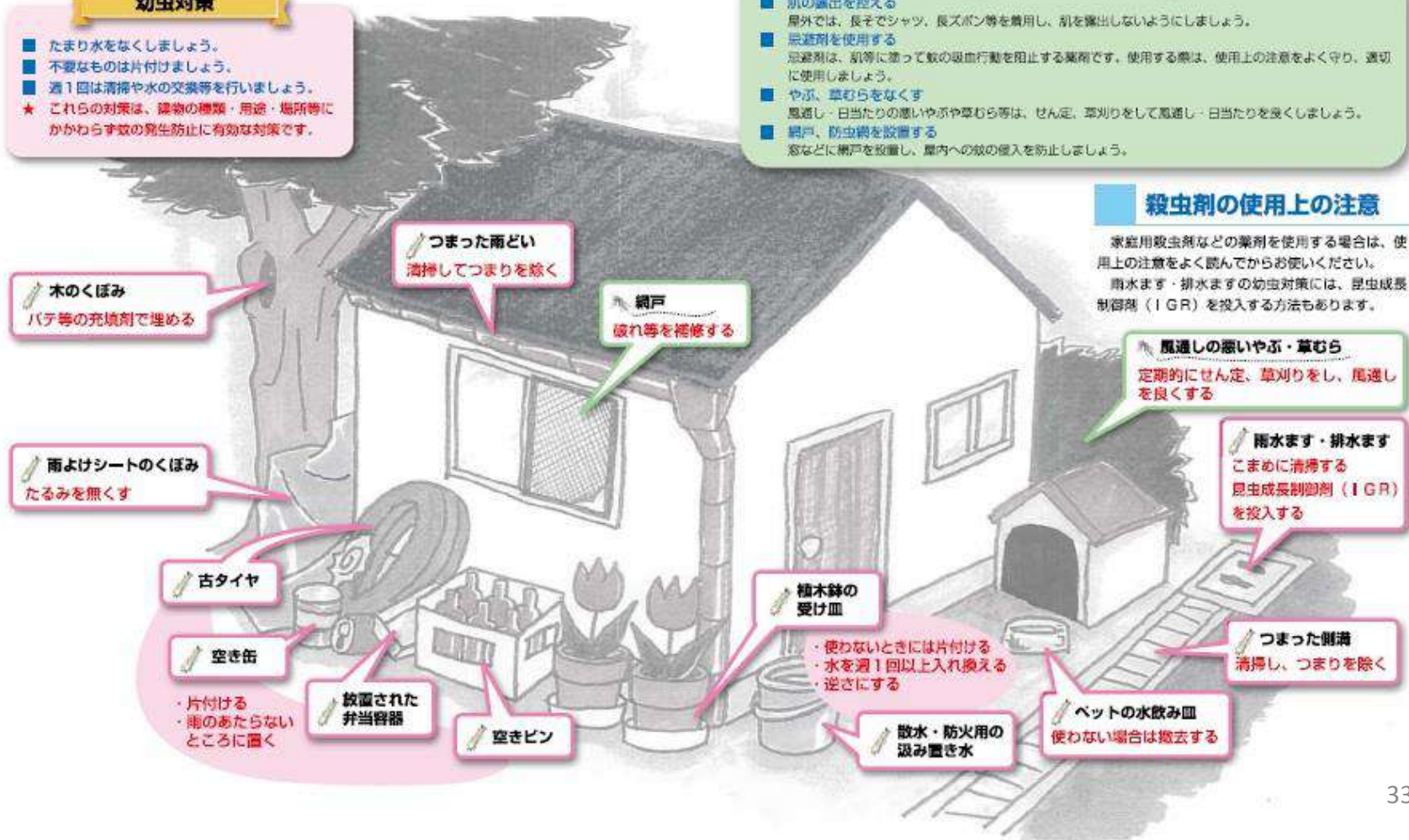
ヒトスジシマカはやぶや草むらに生息し、日中によく吸血する傾向があります。そのため、屋外で活動する際には、蚊に刺されないための対策が必要です。また、成虫の生息場所に適したやぶや草むらの草刈り等も有効です（成虫対策）。

### 成虫対策

- 肌の露出を抑える  
屋外では、長そでシャツ、長ズボン等を着用し、肌を露出しないようにしましょう。
- 忌避剤を使用する  
忌避剤は、肌等に塗って蚊の吸血行動を阻止する薬剤です。使用する際は、使用上の注意をよく守り、適切に使用しましょう。
- やぶ、草むらをなくす  
風通し・日当たりの悪いやぶや草むら等は、せん定、草刈りをして風通し・日当たりを良くしましょう。
- 網戸、防虫網を設置する  
窓などに網戸を設置し、屋内への蚊の侵入を防止しましょう。

## 殺虫剤の使用上の注意

家庭用殺虫剤などの薬剤を使用する場合は、使用上の注意をよく読んでからお使いください。雨水ます・排水ますの幼虫対策には、昆虫成長制御剤（IGR）を投入する方法もあります。



# Information service and public relationship

## ① Posters



## ② Ad-rapped buses



## ③ Leaflets

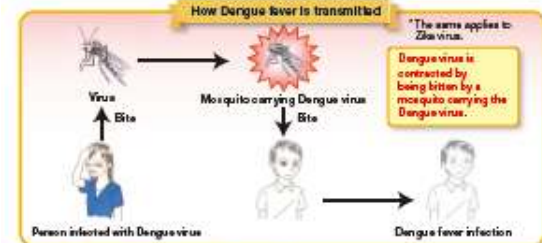


In 2014, an outbreak of Dengue fever was confirmed in Japan for the first time in 70 years, and in February 2016, Zika virus disease was included among Class 4 infectious diseases. Both Dengue fever and Zika virus disease are infectious diseases that are contracted from being bitten by a virus-carrying mosquito. To prevent the spreading of these mosquito-borne diseases, it is important for all citizens of Tokyo to make regular efforts to keep mosquitoes from breeding.

### Dengue Fever and Zika Virus Disease

Dengue fever and Zika virus disease are infectious diseases that occur from being bitten by a mosquito infected by the Dengue virus or Zika virus. The vector mosquito is mainly the *Aedes albopictus*, commonly known as Asian tiger mosquito. The virus is repeatedly transmitted between people and mosquitoes, and the number of infected persons thus increases. There is no specific treatment at present, and it is only possible to treat the symptoms of the disease.

- Symptoms of Dengue fever  
Symptoms such as high fever (38 - 40°C), headache, joint pain, muscle pain, and rash begin to appear following an incubation period of 2 to 14 days (1 to 7 days in most cases) after being bitten. These symptoms abate in about a week in most people.
- Symptoms of Zika virus disease  
Symptoms such as high fever (no higher than 38.5°C in most cases), headache, joint pain, rash, and conjunctivitis begin to appear following an incubation period of 2 to 12 days (2 to 7 days in most cases) after being bitten. The symptoms are lighter than those of Dengue fever and abate in about 2 to 7 days in most people.



### Preventing Mosquito-borne Infectious Diseases

There is no effective vaccination against Dengue fever or Zika virus diseases. Therefore, to prevent infection, it is important not to be bitten by a mosquito. Avoid being bitten by taking appropriate measures to reduce Asian tiger mosquitoes and other such mosquitoes.



## ④ Panel display



## ⑤ Motion picture distribution



Make sure to check around you!

# Upcoming workshop

平成30年度 東京都健康安全研究センター 環境保健衛生講習会

## Workshop on how to fight against mosquitoes that transmit diseases

**蚊 講習会**

平成30年  
6月20日 水  
14:00~17:00

会場 渋谷区文化総合センター大和田 さくらホール 〒150-0031 渋谷区桜丘5町23-21

入場無料 定員700名  
申込者多数の場合は抽選

**内容**

- 講演Ⅰ 蚊が媒介する感染症について  
講師：国立研究開発法人 国立国際医療研究センター病院 忍部 賢志 氏
- 講演Ⅱ 蚊(ヒトスジシマカ)の生態  
講師：一般財団法人 日本環境衛生センター 東日本支店 武藤 敦彦 氏
- 講演Ⅲ 身近でできる蚊の対策  
講師：元日本防疫昆虫学会 足立 雅也 氏

**アクセス**

- 徒歩 JR渋谷駅西口から徒歩5分
- バス ●大和田シャトル<直行バス> ●ハチ公バス(タヤけこやけルート) コミュニティバス

お申し込み方法

WEBフォーム、電話、ハガキ、FAX、E-mailにより下記①から⑧を記入し、運営事務局までお申込みください。

①お名前(フリガナ) ②電話番号 ③住所 ④FAX ⑤E-mail ⑥郵便(お名前の方のみ) ⑦同行される方全員の名前 ⑧講習会でお聞きになりたい内容・ご質問

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## Lecture contents

### 1. Infectious diseases transmitted by mosquitoes

Speaker: Satoshi Kutsuna, Center Hospital of the National Center for Global Health and Medicine (National R&D Agency)

### 2. Biology of mosquitoes (*Aedes albopictus*)

Speaker: Atsuhiko Muto, East Japan Branch, Japan Environmental Sanitation Center (General Incorporated Association)

### 3. Mosquito control measures you can apply in your daily lives

Speaker: Masaya Adachi, Hygienic Insecticide Industrial Association of Japan

# Responses to the emergence of patients

Responses to imported cases (non-domestically acquired infection)

- Acquaint healthcare workers with mosquito-borne diseases and improve the system of testing;
- Conduct surveys of patients who were infected abroad and provide them with appropriate health instructions; and
- Secure samples from persons who were reported to have been infected abroad with dengue fever, chikungunya fever and Zika virus to analyze them for pathogens.

# Government-led mosquito-borne disease testing

People who are likely to be infected, even if they have no history of travel abroad, should be tested.

Have you ever traveled to an area of a country with an epidemic of Zika virus infection?

[No → Requirement A; Yes → Requirement B]

[Requirement A] Cases falling under all the following criteria ① through ④:

- ① got bitten by mosquitoes within about 2 weeks before the onset of symptoms (regardless of whether the bite was in Japan or abroad),
- ② have sudden fever (38°C or higher),
- ③ have more than one of the following: (1) rash, (2) nausea/vomiting, (3) joint pain/muscle pain/headache, (4) decreased platelets, (5) decreased white blood cells, (6) positive result for tourniquet test
- ④ have no health insurance coverage for dengue virus NS1 antigen testing

[Requirement B] (with history of travel to an area of a country with an epidemic of Zika virus infection (\*)) Cases falling under all the following criteria ① through ⑤:

- ① have traveled or stayed in an area of a country with an epidemic of zika virus infection (\*) within 2 weeks before the onset of symptoms
- ② Got bitten by mosquitoes in an area of a country with an epidemic of Zika virus infection
- ③ have either (1) rash or (2) fever (37°C or higher) or both
- ④ have more than one of the following: (1) joint pain, (2) arthritis, (3) and conjunctivitis (nonexudative and hyperemic)
- ⑤ Have the sample collected within 2 weeks before the onset of symptoms.

# Viruses separated from patients' serum

	Dengue type 1	Dengue type 2	Dengue type 3	Dengue type 4	Chikungunya	Zika	Total
2015	9	16	5	3	1	0	34
2016	7	10	10	2	0	1	30
2017	1	6	5	2	0	0	14
Total	17	32	20	7	1	1	78

Dengue viruses were separated using VeroE6 cells, and **Zika and chikungunya viruses** using Vero9013 cells.

# Health center responses

- During viremia, confirm whether or not the patient has been bitten by mosquitoes in Japan
  - If the place where the patient got bitten was located, inspect the place and exterminate mosquitoes.
- Provide training of how to prevent patients from getting bitten by mosquitoes
  - Use of repellents, use of mosquito nets and insecticides indoors
- Confirm whether or not a large number of mosquitoes live near where patients are recuperating.
  - Consider extermination if infestation is great.

# Information sharing among related organizations

The screenshot shows a web browser window displaying the 'K-net mosquito-borne disease control measures system' website. The browser's address bar shows the URL 'https://www.infection.metro.tokyo.jp/mo/top.cfm'. The website's header is red and contains the logo for '東京都感染症健康危機管理情報ネットワークシステム' (Tokyo Metropolitan Infection Control and Health Crisis Management Information Network System) and a user login area with the text 'ユーザー名: 感染症研電子情報係(管理者)様 最終ログイン: 2018/11/01 16:44'. A 'Logout' button is visible next to the user information.

The main content area is divided into several sections:

- MENU**: A sidebar menu with links to 'Mosquito-borne disease control measures system TOP', 'WEB infectious disease trend survey', 'Tokyo's measures against dengue fever', and 'About dengue fever'.
- K-net mosquito-borne disease control measures system**: A red header bar.
- Mosquito-borne infectious disease surveillance**: A section containing two red buttons: 'New entry of survey sites' and 'List of survey sites'.
- Implementation status of surveillance in Tokyo**: A section containing one red button: 'Access to implementation status'.
- Map information**: A section containing one red button: 'View Map'.
- About K-Net (manual)**: A red header bar for the manual section, with a link to '蚊媒介感染症対策システム利用者マニュアル' (Manual for Users of the Mosquito-borne Infectious Disease Control System).

The Windows taskbar at the bottom shows the system tray with the date '2018/11/01' and time '17:51'.



# Mass gathering and mosquito-borne diseases

- Chances are high that viruses are brought in from overseas by visitors with history of travel to, or stay in, foreign countries.
- It takes time to identify incidents of such patients.
- The higher the incidence of mosquitoes and the greater the number of park visitors, the higher the risk of infected mosquitoes emerging and infectious diseases spreading.

# Preparations for the upcoming Olympics and Paralympics

- 2020 Tokyo Olympics and Paralympics will be held in summer.
- It is necessary to reduce the risk of mosquito-borne diseases including dengue fever.
- Comprehensive measures including mosquito infestation control should be implemented with coordinated efforts from relevant organizations and the citizens of Tokyo.